

## Winter/Spring 2021 BSW Course Descriptions

### **HWC 317 Issues in Death and Dying; Loss and Separation**

This course provides an overview of the knowledge, values, policy and skills underlying effective entry-level practice with dying and grieving clients. The interrelationship of psychological, interpersonal, family, institutional, community and cultural dynamics of dying and grieving are covered.

### **HWC 379 Special topics in Social Welfare: Food Justice: Advocacy Practice for Food Rights**

This course offers students an introduction and explanation of food systems, food policy, and rights frameworks, and the relation of each to food justice. Students will explore concepts such as food insecurity (and its measurement and costs), the United Nations Universal Declaration of Human Rights Right to Food, food security, food justice, and food sovereignty in order to develop a critical assessment of the food system, food policies, and hunger relief programs of the U.S., with a focus on social work advocacy and policy practice towards food justice.

### **HWC 379 Special Topics in Social Welfare: Social Work in Political Practice Campaign School**

Social Workers, and the people they work with, are fundamentally dependent on the decisions made by the people who are elected to the executive and legislative branches of government. In order to advance the values of the Social Work profession, and advocate on behalf of clients, Social Workers must participate and engage in the political process.

This course is an exploration of the world of partisan electoral politics as an area of social work practice. Social workers can, and do, play many roles in the political arena. These roles can include, staff to elected officials, volunteer and staff positions on political campaigns, political appointments, lobbying roles and as *elected officeholders*. This course makes it clear why it is important for social workers to be in the political arena. The specific techniques and requirements for running for office, or serving in a leadership role on a political campaign, will be covered throughout this course.

This is a hybrid course that combines ten class sessions and required attendance at a two day conference, via zoom, entitled “Campaign School.”

The ten class sessions will take place on Saturdays from 12pm-3pm on the following dates: 2/6/2021; 2/13/2021; 2/20/2021; 3/13/2021; 3/20/2021; 3/27/2021; 4/3/2021; 4/10/2021; 4/17/2021; 4/24/2021.

The conference will be on Friday February 26th and Saturday February 27th.

### **HWC 379: Special Topics in Social Work - Adolescent Development and Health Promotion**

The effect on adolescent development of physiological changes, relationships with peers and family, and societal expectations are examined. Emphasis is on the development of assessment and engagement skills for working with adolescents and their families to help counteract adolescent self-destructive behavior and promote well-being.

### **HWC379: Special Topics in Social Work - The Aspects of Aging: Social Work Practice with Older Adults**

This comprehensive course will prepare students to serve older adults and their families at each level of social work practice. Content will include the current models, theories, and perspectives in the study of aging. Students will learn of the biopsychosocial-spiritual experiences of older adults in America and the systems that impact them, and develop care coordination skills necessary to serve their needs. Attention will be paid to physical and mental wellness, social programs, ethical issues, and diverse populations within gerontology.

### **HWC 379 Special Topics in Social Work: Anti-Racist Social Work: Understanding White Fragility and Black Rage**

The course will assist social work students in understanding the complex nature of the dynamics of social oppression, racism, and anti-racist practice. Students will explore their own personal values, beliefs, and behaviors that may limit their ability to practice effective social work with people of diverse backgrounds, in particular, disadvantaged and oppressed persons. Students will acquire the knowledge needed for practice using an anti-oppressive and anti-racist lens framed by an understanding of systemic racism.

### **HWC 379 Special Topics in Social Work: Human Rights and Social Work: Tools for Clinical Practice and Advocacy**

The goals of social work are intertwined with the premise that the realization of universal human rights are essential to a just and ordered society. This class stresses the need for social workers to use a human rights framework for practice, especially in our interconnected global economy. Human rights can help link micro practice to macro practice and connect the varying roles of the social worker. This class will highlight timely issues such as human trafficking and environmental justice. This class will provide students with advanced clinical practice skills rooted in human rights as well as advocacy strategies needed to create policy based on human rights.

**HWC379: Special Topics in Social Work - Resiliency, Wellness and Self-Care for the Social Worker and Client**

Self-Care is an essential part of being an effective Social Worker. Yet, many times the Social Worker will neglect their own needs for wellness. This course is specifically designed to help empower the Social Worker how to best care for themselves, in turn, enabling them to be the most impactful in their role as helper. This course will discuss Spirituality, obstacles to Self-Care, High Cost of Neglect, and Developing a personalized self-care plan.