### **BSW FALL 2024 Course Electives**

#### HWC 329 Resiliency, Wellness and Self-Care for the Social Worker & Client

Self-Care is an essential part of being an effective Social Worker. Yet, many times the Social Worker will neglect their own needs for wellness. This course is specifically designed to help empower the Social Worker how to best care for themselves, in turn, enabling them to be the most impactful in their role as helper. This course will discuss Spirituality, obstacles to Self-Care, High Cost of Neglect, and developing a personalized self-care plan.

#### HWC 342 School of Social Work an Overview

This course is an introduction to the practice of school social work. It gives an overview of the central issues that occur in schools. It discusses strategies to build a positive and safe school climate for diverse and disenfranchised populations. It examines the social/political context of working in the school and the impact of policies such as the Common Core, NCLB and Race to the Top. Topics will also include working with students struggling with psychiatric, psychological, substance use, and familial issues as well as assisting students in special education. An overview of crisis intervention techniques will be presented.

#### HWC 345 Human Rights and Social Work: Tools for Clinical Practice and Advocacy

The goals of social work are intertwined with the premise that the realization of universal human rights are essential to a just and ordered society. This class stresses the need for social workers to use a human rights framework for practice, especially in our interconnected global economy. Human rights can help link micro practice to macro practice and connect the varying roles of the social worker. This class will highlight timely issues such as human trafficking and environmental justice. This class will provide students with advanced clinical practice skills rooted in human rights as well as advocacy strategies needed to create policy based on human rights.

## HWC 379 Special Topics in Social Work; An Introduction to Trauma Informed Care and Social Work Practice

Trauma is a widespread, harmful and costly public health problem. It occurs as a result of violence, abuse, neglect, loss, disaster, war and other emotionally harmful experiences. The need to address trauma is increasingly viewed as an important component of effective behavioral health service delivery. Trauma-Informed Care is a strengths-based approach to social work practice, which recognizes the prevalence of trauma and its impact on the emotional, psychological and social wellbeing of people. This course will examine the definitions, types and prevalence of trauma, while providing an understanding of the implementation of a trauma-informed approach within the social work profession.

# HWC 379 Special Topics in Social Welfare: Leadership in Social Welfare Education (Social Work and Emerging Technologies)

Course Description: Social work is a rapidly growing field and must be ready to be competent in the use of technology. Additionally, we must be ready to meet the challenges of emerging technologies in policy, research and practice. From working remotely, to A.I. and Machine Learning, there is a place for social work professionals to apply their unique skillset to better meet the needs of the systems we work in. Students will come away with a better understanding of how technologies impact our lives, and the lives of the systems we work in. By focusing on the theoretical, ethical, policy, and practical application of these tools students will be able to better inform practice decisions.

#### HWC 479 Special Topics in Social Welfare: Innovation and Entrepreneurship:

Study of the environment of private practice and non-profit agencies. Functions and philosophy of entrepreneurs in non-profit. Topics include problems in initiating and achieving success in new private practice and non-profit, including financing, marketing, management, and legal governmental relationships involved.