Friday, September 10, 2021 10:00 am - 12:00 pm
2 Continuing Education contact hours for NYS licensed social workers
Instructor: Margo Lowy, PhD, Psychotherapist
Workshop Description: Maternal ambivalence is the mother’s ability to hold many different and contradictory feelings together. By reflecting on the additional pressures brought on by COVID-19, this workshop will examine what we are learning about how mothers experience their feelings of ambivalence. There will be discussion about the maternal role, a mother’s daily life during the pandemic and the clinical implications of this to add to a deeper understanding of mothering. By normalizing negative feelings during this time, we will be better equipped to comprehend the mother’s emotions and to help our clients manage and understand their feelings of ambivalence towards their children.
Fee: $45
$35 (SSW Alumni, SBU employee, or current Field Instructor)

Creating a LGBTQIA+ (Lesbian, Gay, Bisexual, Transgender, Queer and/or Questioning, Intersex, and Asexual) Therapeutic Practice
Saturday, September 25, 2021 9:00 am - 12:00 pm
5 Continuing Education contact hours for NYS licensed social workers
Instructor: Elisa Waters, LMSW (she/her/elia)
Workshop Description: What does it mean to be a LGBTQIA+ inclusive practitioner? How do we build support for LGBTQIA+ clients and their support systems? This in-teractive workshop will be an opportunity to unpack questions while acknowledging that our journey of building awareness and empathy may happen at the same time we are working with clients experi-encing their own exploration of gender and sexuality. In this workshop partici-pants will be given the tools to use a trauma informed perspective to assess children and help support adults such as teachers and parents understand the behavior they’re noticing so they are more likely to be empathic rather than reactive. You will also be pro-vvided with tools to increase a child’s sense of safety. This workshop is appropriate for all clinicians working in a school setting or frequently collaborate with teach-ers in their clinical work or those with an interest in this topic area.
Fee: $110
$100 (SSW Alumni, SBU employee, or current Field Instructor)

Location of Self: A Pathway to Culturally Affirming and Anti-Racist Practice
Thursday, October 14, 2021 10:00 am - 3:00 pm
5 Continuing Education contact hours for NYS licensed social workers
Instructor: Nayelli Calle-Sousa, LCSW
CBT Therapist, Trainer & Consultant
Workshop Description: As therapists, we are often trained to not self-disclose as a way to maintain bound-aries. We are also told that by asking the client many thorough questions about themselves we are doing a full assessment. However, we now know that the therapist and their own identities also influence the treatment. Therefore, it is equally important for the therapist to have a keen self-awareness and understanding of the impact of their own lived experiences and how that influences their assessment and treatment of the client. Location of self is a process in which the therapist self-discloses their key identities and invites a conversation about how the intersection of the identity and comfort levels of therapist and client may be beneficial and/or limiting. This process has been shown to strengthen the thera-pist-client relationship and lead to more mean-ingful work that is culturally affirming and anti-racist. However, most therapists find this intimidating. In this interactive work-shop you will be given the tools to enter into a brave space so that you can engage in this process with clients.
Fee: $45
$35 (SSW Alumni, SBU employee, or current Field Instructor)

Trauma Informed Care in School Aged Children
Thursday, November 11, 2021 10:00 am - 5:00 pm
5 Continuing Education contact hours for NYS licensed social workers
Instructor: Nayelli Calle-Sousa, LCSW
CBT Therapist, Trainer & Consultant
Workshop Description: Children and teenagers are quickly and frequently given labels such as aggres-sive, difficult, unmotivated that will follow them throughout their school careers. When taking a trauma informed approach we are often able to shift perspectives and consider that something has happened or is currently happening to the child in front of us that is causing challenging behavior. In this workshop you will be given the tools to use a trauma informed perspective to assess children and help support adults such as teachers and parents understand the behavior they’re noticing so they are more likely to be empathic rather than reactive. You will also be pro-vided with tools to increase a child’s sense of safety. This workshop is appropriate for all clinicians working in a school setting or frequently collaborate with teach-ers in their clinical work or those with an interest in this topic area.
Fee: $110
$100 (SSW Alumni, SBU employee, or current Field Instructor)

Special Topics for Aging in Place: Oral Health in Aging
Friday, October 8, 2021 12:00 pm – 1:30 pm
1.5 Continuing Education contact hours for NYS licensed social workers
Instructor: Beth F. Buono DDS, Clinical Assistant Professor, Stony Brook School of Dental Medicine, Department of General Dentistry
Workshop Description: As a person ages, changes in the oral cavity can severely impact dental and overall health. Learn why dental health for seniors is a health priority and how to help your senior clients (or loved one) improve their oral health. This workshop will discuss age-related changes of the mouth, teeth, gums and salivary glands and the intersection and impact on sys-temic health. It will examine the selection of over-the-counter and prescription products which can assist with the mainten-ance of good oral health. Maintaining an attractive smile, as well proper care of implants, dentures, and removable prosthesis will be reviewed. And lastly an important part of preventive healthcare for this age group is knowing the signs and performing routine screenings for oral lesions and cancer.
Fee: $25
$55 (SSW Alumni, SBU employee, or current Field Instructor)

Special Topics for Aging in Place: Aging and the Impact on Work, Home and Community Living
Friday, November 18, 2021 12:00 pm – 1:30 pm
1.5 Continuing Education contact hours for NYS licensed social workers
Instructor: Karen DeChello, OTD, OTR/L, CEA, Vice Chair, Clinical Assistant Professor, Occupational Therapy Program, Stony Brook University
Workshop Description: During this workshop, participants will learn about normal effects of aging and how these effects may impact one’s ability in the work environment as well as at home and in the community. General information about the normal effects of aging on the body including vision, muscles, and balance will be presented. Some ways to more safely and effectively navigate the home and community will be explored.
Fee: $25
$20 (SSW Alumni, SBU employee, or current Field Instructor)
Continuing Education Fall 2021/Winter 2022 Workshops Continued

Special Topics for Aging in Place: Assistive Technology For Aging in Place
Tuesday, December 7, 2021
12:00 pm - 1:00 pm
Continuing Education contact hour for NYS licensed social workers

Instructor: M. Blanche Leeman, EdD, OTR/L, CHT, Assistant Clinical Professor, Occupational Therapy Department, Stony Brook University, Southampton Campus

Workshop Description:
Assistive or adaptive technology encompasses a category of tools that may facilitate a person’s ability to remain in their home safely and with a level of independence. This session will introduce the participants to assistive/adaptive technology resources that support safety and functioning in the home for individuals with varying abilities. Each tool discussed is described in terms of how to match it to a person’s need. All participants will receive a comprehensive resource list of the tools referenced.

Fee: $20
$15 (SSW Alumni, SBU employee, or current Field Instructor)

The Long Road to Equity for Women in Medicine
A virtual conference about women and for the health practitioners who care for them.
September 17-18, 2021 via Zoom
2.5 CEUs for NYS licensed social workers

For more information on the program and registration go to:
https://www.stonybrookmedicine.edu/ WomensEquityConference2021

Dialectical Behavior Therapy in Practice: Mastering the Essentials
Saturday, January 8, and Saturday, January 15, 2022 (2 part program)
10:00 am – 1:00 pm
Continuing Education contact hours for NYS licensed social workers

Instructor: Alexis Santiago-Autor, LMSW, Division Director of Westchester Community Based Programs, The Children’s Village

Workshop Description:
Dialectical Behavioral Therapy (DBT) is an evidenced-based, cognitive behavioral treatment model originally designed to primarily treat severe and chronically suicidal behaviors but has now evolved to incorporate those who experience emotion dysregulation. The goal of DBT is to create a “life worth living”. DBT therapy incorporates some fundamental principles that center around mindfulness, non-judgmental, and validation. Through this workshop you will learn these fundamental principles, along with the core DBT skills of mindfulness, emotion regulation, distress tolerance, interpersonal effectiveness, and how they relate to providing individuals with the tools needed to regulate their emotions and “live a life worth living”. Part one will focus on the history and general concepts, part two will focus on application and practice.

Fee: $135
$125 (SSW Alumni, SBU employee, or current Field Instructor)

MAIL-IN REGISTRATION
CONTINUING EDUCATION WORKSHOPS - Fall 2021/Winter 2022
(please indicate the workshops you are registering for by checking the box below)

☐ Creating a LGBTQIA+ Therapeutic Practice - 9/25/21 - $65/$55*
☐ Special Topics for Aging in Place: Oral Health in Aging - 10/8/21 - $25/$20*
☐ Location of Self: A Pathway to Culturally Affirming and Anti-Racist Practice - 10/14/21 - $110/$100*
☐ Trauma Informed Care in School Aged Children - 11/11/21 - $110/$100*
☐ Special Topics for Aging in Place: Aging and the Impact on Work, Home and Community Living - 11/18/21 - $25/$20*
☐ Special Topics for Aging in Place: Assistive Technology For Aging in Place - 12/7/21 - $20/$15*
☐ Dialectical Behavior Therapy in Practice: Mastering the Essentials - 1/8/22 & 1/15/22 (2 part program) - $135/$125*

Name: __________________________________________________________
Address: __________________________________________________________________________________________
City/State/Zip: _____________________________________________________________________________________
Telephone: ______________________ Email address: _________________________________

☐ Are you an alumni of the School of Social Welfare? _____Yes _____No

Amount Enclosed: ___________________________________________ # of Workshops ________

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION:

NYS S.W. LICENSE # ________________________ LMSW __ LCSW

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