



CONTINUING EDUCATION

Fall 2023 Online Interactive Workshops

REGISTER NOW



LIVE ONLINE WORKSHOPS VIA ZOOM TECHNOLOGY

Talking About Sex in Clinical Practice: Utilizing Sex-Positive Social Work

Friday, September 22, 2023
12:00 pm – 3:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor: Cynthia G. Pizzulli, PhD, LCSW

Workshop Description:

Clinicians of all experience levels often find themselves overwhelmed when it comes to discussing sexual issues with their clients. This can lead us to avoid addressing all-things sexually related even though sex is an integral part of the human condition.

This 3-hour presentation is for practitioners who wish to become more confident in addressing sexual concerns in practice. Participants will learn some specific approaches to dealing with common sexual problems and gain greater insight into sexuality as it pertains to clinical social work.

Fee: \$65
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Integrated Motivational Interviewing and Cognitive Behavioral Therapy

Friday, November 3, 2023

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor: Joseph Hyde, MA, LMHC, CAS, Senior Technical Expert Lead, Director, HRSA, Behavioral Health Technical Assistance, JBS International, Inc.

Workshop Description:

Motivational Interviewing (MI) is an effective, evidence-based method for helping patients with a variety of health and behavioral concerns and helps to foster the intrinsic drive people have for healing, positive change, and self development. Cognitive Behavioral Therapy (CBT) originally was based on the works of Beck, Marlatt and Gordon (1985) and from this have grown models and newer applications such as mindfulness-based CBT, Dialectical and Behavioral Therapy and Acceptance and Commitment Therapy. These interventions target cognitive, behavioral, affective, and situational triggers for substance use, mood and anxiety and provide clearly defined skills training in support of recovery. An integrated approach utilizing MI and CBT embraces that clients are the experts in their lives. In this workshop you will learn more about utilizing this integrated approach.

Fee: \$65
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Men & Suicide

Friday, October 6, 2023

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor:

Joseph Hyde, MA, LMHC, CAS, Senior Technical Expert Lead, Director, HRSA, Behavioral Health Technical Assistance, JBS International, Inc.

Workshop Description:

Today, 80% of all suicide deaths are men. Evidence has been collected worldwide that indicates men are far less likely to seek help for their mental health challenges, irrespective of age, nationality, ethnic or racial background. Mental health issues in men often remain hidden, overlooked or underdiagnosed. Suicide should be understood as a behavioral issue and treated as such. It is more than a manifestation of an underlying condition. This presentation will provide an understanding of suicidality, identification, risk stratification and strategies for managing suicidality in a practice setting and a review of evidence-based practices for treating suicidality.

Fee: \$65
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Redfining Resistance: How Humans Change

Friday, November 17, 2023

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor: Ellen Blaufox, LCSW-R, Founder, YOUR Gathering Space

Workshop Description:

Our bodies are not machines. There are real biological, scientific reasons our clients struggle to utilize the skills and practices we teach them. This workshop provides space for clinicians to shift their mindset around "problematic clients" and offers innovative, modern approaches to Cognitive Behavioral Therapy interventions (i.e. challenging cognitive distortions, identifying triggers, setting boundaries, mindfulness and action/treatment plans). Structured as a teaching group, this workshop encourages interactive participant involvement for changing patterns and integrating new skills with our clients (and ourselves) and provide clear and helpful psychoeducation for how trauma, chronic stress, and complex trauma impact the body, mind and spirit especially as it relates to the COVID pandemic.

Fee: \$65
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Understanding Self-Harming Behaviors Within a Trauma Framework

Friday, October 13, 2023

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor: Ellen Blaufox, LCSW-R, Founder, YOUR Gathering Space

Workshop Description:

The purpose of this workshop is to reframe self-harming behavior within the lens of traumatic re-enactment. By increasing our ability to apply what we know about how trauma influences thoughts, feelings, body sensations and human behavior, practitioners can develop greater empathy and understanding for this challenging and paradoxical symptom, thereby increasing the likelihood of having greater efficacy regarding treatment and prognosis.

Clients, their loved ones, teachers and treatment providers often misunderstand self-harming behavior. By learning how trauma and chronic stress affect one's physiological and cognitive functioning, we can better understand the emotional pain our clients are trying to communicate when they self-harm. In this workshop, participants will learn to identify and assess risk, as well as concrete interventions for collaborating with and engaging clients toward more positive outcomes.

Fee: \$65
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Nervous System Dysregulation and Eating Disorders: The Missing Link

Friday, December 1, 2023

1:00 pm – 3:00 pm

2 Continuing Education contact hours for NYS licensed social workers

Instructor: Michelle Cleary, LCSW, SEP, Adjunct Instructor, School of Social Welfare

Workshop Description:

The human nervous system is a complex place. When the nervous system is dysregulated everything is affected. It is dynamic, responsive, and always impacting our behaviors, mood, health, and even productivity and relationships. A dysregulated nervous system is the "perfect place" for the development of eating disorders.

In this workshop you will be introduced to what exactly a dysregulated nervous system is, how eating disorders can emerge from them, and ways you can treat eating disorders by treating the nervous system.

Fee: \$45
\$35 (SSW Alumni, SBU employee, or current Field Instructor)

Continuing Education Fall 2023 Workshops

Fall 2023
Online Interactive Workshops

To Register Online Visit:
<https://cvent.me/1mPvnq>

IMPORTANT LINKS

- For more information contact Jennifer Davidson at socialwelfareced@stonybrook.edu or call (631) 444-8361
- socialwelfare.stonybrookmedicine.edu/continuing_education

*All workshops are Live Online/Interactive Workshops via Zoom Technology
Registrants will receive a Zoom link to join workshop in a confirmation letter.

MAIL-IN REGISTRATION

CONTINUING EDUCATION WORKSHOPS - Fall 2023

(Please indicate the workshops you are registering for by checking the box below)

*Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees

- ☐ Talking About Sex in Clinical Practice: Utilizing Sex-Positive Social Work - 9/22 - \$65/\$55*
- ☐ Men & Suicide - 10/6 - \$65/\$55*
- ☐ Understanding Self-Harming Behaviors within a Trauma Framework - 10/13 - \$65/\$55*
- ☐ Integrative Motivational Interviewing and Cognitive Behavioral Therapy - 11/3 - \$65/\$55*
- ☐ Redefining Resistance: How Humans Change - 11/17 - \$65/\$55*
- ☐ Nervous System Dysregulation and Eating Disorders: The Missing Link - 12/1 - \$45/\$35*

Name: _____

Address: _____

City/State/Zip: _____

Telephone: _____ Email address: _____

Organization/Agency (if applicable): _____

Are you an alumni of the School of Social Welfare? _____Yes _____No

Amount Enclosed: _____ # of Workshops _____

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: NYS S.W. LICENSE # _____ ☐ LMSW ☐ LCSW
(Please check one)

Please make check payable to: School of Social Welfare/Stony Brook University

Mail to: Jennifer Davidson
School of Social Welfare, Stony Brook University
Health Sciences, Level 2, Room 092
Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A refund will be offered if registrant cancels within 3 days of workshop. If less than 3 days, a credit toward a future workshop will be provided.



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