



# CONTINUING EDUCATION

## SPRING 2023



### LIVE ONLINE WORKSHOPS VIA ZOOM TECHNOLOGY

#### **Introduction to Acceptance & Commitment Therapy (ACT): A Skills-Based Workshop**

**Friday, March 24, 2023**

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor:** Joseph Hyde, MA, LMHC, CAS, Senior Technical Expert Lead; Director, HRSA, Behavioral Health Technical Assistance, JBS International, Inc.

#### **Workshop Description:**

Acceptance and Commitment Therapy (ACT) is an evidence-based approach that seeks to transform the root sources of human suffering by balancing mindfulness and acceptance processes with commitment and behavior change in the service of living a more vital life. In this workshop you will learn how ACT can be integrated effectively into your clinical practice and how to work with clients to gain freedom from suffering, let go of unhelpful struggles, cultivate peace of mind, nurture self-compassion and live a more productive and meaningful life.

**Fee:** \$65  
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

#### **Exploring Case Studies in Child Neglect: When Should I Be Concerned About Someone's Parenting? What is the Clinician's Role?**

**Friday, April 28, 2023**

11:00 am – 2:00 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor:** Kathryn Krase, PhD, JD, MSW, Principal Consultant, Krase Consultant

#### **Workshop Description:**

We all became social work and mental health professionals for a reason: we want to help. However, helping can be complicated, especially when it comes to families. It's hard to distinguish problematic parenting from child maltreatment. Poverty and substance use disorders can make evaluating a situation more difficult. As social work professionals, it is complicated, because social workers are legally obligated to report certain suspicions to child protective services.

This session was developed to help you understand the considerations you should make when you have a concern about someone's parenting. We'll explore common case studies to identify practical strategies for intervention with families that meet our legal and ethical obligations.

**Fee:** \$65  
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

#### **Cognitive Behavioral Therapy (CBT) with Transgender & Non-binary (TGNC) Clients & Family**

**Friday, May 5, 2023**

1:00 pm – 4:00 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor:** Donna B. Riley, PhD, LCSW-R, Clinical Instructor, School of Social Welfare; Owner, Dr. Donna Riley Office of LCSW, PLLC

#### **Workshop Description:**

The Cognitive Behavioral therapy model (CBT), is based on the cognitive model that people's emotions and behaviors are influenced by how they perceive events. The situation in itself does not determine how we feel. It is the way we interpret and think about the situation. Learn how to deliver cognitive behavior therapy (CBT) content within an affirming framework that attends to the intersectionality of identity-based experiences.

**Fee:** \$65  
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

#### **Maintaining Appropriate Professional Boundaries: Exploring Ethical Obligations in Social Work Practice**

**Friday, June 2, 2023**

12:00 pm – 3:00 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor:** Kathryn Krase, PhD, JD, MSW, Principal Consultant, Krase Consultant

#### **Workshop Description:**

Can social work professionals work with clients that they know from outside of the job? Can you barter with clients for your services? Social workers are charged with the legal and ethical responsibility to maintain professional boundaries, but the obligation isn't always so easy to discern. This course brings real-world context to ethical concerns often experienced by professionals in practice in maintaining appropriate professional boundaries. This course will provide a framework to contemplate ethical dilemmas and make informed decisions that insulate professionals from legal liability while protecting clients from harm.

**As of April 1, 2023, a NYS licensed social worker is required to complete 3 hours of continuing education course work in appropriate professional boundaries in each 3-year registration period. This 3 Credit course meets that requirement.**

**Fee:** \$65  
\$55 (SSW Alumni, SBU employee, or current Field Instructor)

#### **Empowering Female Clients with Varying Physical Abilities**

**Friday, June 9, 2023**

12:00 pm – 2:00 pm

2 Continuing Education contact hours for NYS licensed social workers

**Instructor:** Valerie Goldstein, LMSW, Disability Community Activist, Author of Violet's Victory

#### **Workshop Description:**

No matter what area social workers and other healthcare practitioners specialize in, being knowledgeable about different abilities and those who live their lives with them will greatly benefit the client and impact the therapeutic alliance. This workshop will explore barriers women with different abilities face within patient advocacy, healthcare, lack of accessibility, ableism, inability to obtain the right tools, adaptive equipment and more. Discussion will focus on the impact on a woman's education, ability to obtain transportation and its impact on vocation, independence, sense of self, travel and taking care of a family.

Our Instructor will provide resources about available tools and types of equipment to facilitate independence, effective gadgets and clothing, and means of transportation. There will be engaged discussion on policies, supporting patient/client advocacy, working with female clients to find their voice, navigating their niche, preventing systemic marginalization, fostering gender equality, and standing up against discrimination and barriers.

**Fee:** \$45  
\$35 (SSW Alumni, SBU employee, or current Field Instructor)

Sponsored by the Department of Psychiatry and Behavioral Health, Renaissance School of Medicine at Stony Brook University; the Presidential Mini-Grant for Departmental Diversity Initiative, and the Office of the Chief Diversity Officer

#### **2nd Annual Conference Healthcare Without Borders Providing Clinical Care for Unaccompanied Immigrant Children**

**Thursday, March 2, 2023**

9:00 am – 1:00 pm

4 Continuing Education contact hours for NYS licensed social workers

#### **Workshop Description:**

Be a part of a live (virtual via Zoom) open discussion with community providers and members from across New York about issues surrounding equitable and culturally sensitive healthcare for undocumented folk in our communities, specifically Latinx, unaccompanied immigrant children and adolescents. Learn about various local organizations that accompany Latinx, immigrant youth and families in care, in addition to available resources at Stony Brook Medicine.

**Who should attend:** Open to the general public, this conference will be especially helpful to social workers, medical and mental health professionals, nonprofit agency stakeholders and their leadership.  
**No fee for those not seeking Continuing Education credits. \$60 for CEU's.**

**FOR THIS CONFERENCE ONLY  
REGISTER HERE**

**REGISTER HERE**

FOR QUESTIONS  
[kimberly.alba@stonybrookmedicine.edu](mailto:kimberly.alba@stonybrookmedicine.edu)

## Continuing Education Spring 2023 Workshops Continued

### REGISTER ONLINE



Click here

#### IMPORTANT LINKS

- For more information contact Jennifer Davidson at [socialwelfareced@stonybrook.edu](mailto:socialwelfareced@stonybrook.edu) or call (631) 444-8361
- [socialwelfare.stonybrookmedicine.edu/continuing\\_education](https://socialwelfare.stonybrookmedicine.edu/continuing_education)

All workshops are Live Online/Interactive Workshops via Zoom Technology

Registrants will receive a Zoom link to join workshop in a confirmation letter.

or by mail:

### MAIL-IN REGISTRATION

#### CONTINUING EDUCATION WORKSHOPS - Spring 2023

(Please indicate the workshops you are registering for by checking the box below)

**\*Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees**

- ☐ Introduction to Acceptance & Commitment Therapy (ACT): A Skills-Based Workshop - 3/24 - \$65/\$55\*
- ☐ Exploring Case Studies in Child Neglect: When Should I Be Concerned About Someone's Parenting? What is the Clinician's Role? - 4/28 - \$65/\$55\*
- ☐ Cognitive Behavioral Therapy (CBT) with Transgender & Non- binary (TGNC) Clients & Family - 5/5 - \$65/\$55\*
- ☐ Maintaining Appropriate Professional Boundaries: Exploring Ethical Obligations in Social Work Practice - 6/2 - \$65/\$55\*
- ☐ Empowering Female Clients with Varying Physical Abilities - 6/9 - \$45/\$35\*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email address: \_\_\_\_\_

Organization/Agency (if applicable): \_\_\_\_\_

Are you an alumni of the School of Social Welfare? \_\_\_\_\_ Yes \_\_\_\_\_ No

Amount Enclosed: \_\_\_\_\_ # of Workshops \_\_\_\_\_

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: **NYS S.W. LICENSE #** \_\_\_\_\_ ☐ LMSW ☐ LCSW  
(Please check one)

Please make check payable to: **School of Social Welfare/Stony Brook University**

Mail to:

Jennifer Davidson  
School of Social Welfare, Stony Brook University  
Health Sciences Tower, Level 2, Room 092  
Stony Brook, NY 11794-8231

**All registrants will receive a confirmation for each course**

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.



**Stony Brook**  
**School of Social Welfare**

Stony Brook University/SUNY is an affirmative action, equal opportunity educator and employer.