



CONTINUING EDUCATION

Fall 2019

SUNY Stony Brook's School of Social Welfare is recognized by the New York State of Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers - (#SW-0050)

Workshops

Depressed, Borderline or Bipolar: Diagnosis & Treatment

Friday, September 13, 2019
9:00 a.m. – 3:00 p.m.

6 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 3, Room 152*

Instructor:
Brian Quinn, PhD, LCSW
Clinical Social Worker, Huntington, NY

Workshop Description:

Patients who remain mired in depression, despite treatment with multiple medications, often have undiagnosed bipolar illness. This seminar will provide clinicians with a method to distinguish bipolar patients from those with depression, borderline personality, and ADHD. Clinicians will learn why, despite widespread use, antidepressants and antipsychotics should not form the foundation of treatment for bipolar illness. Dr. Quinn will discuss empirically-tested psychosocial therapies and potent non-pharmacologic treatments for those with bipolar disorder. Clinicians will learn how to recognize patients at the greatest risk of completing suicide and how to intervene to reduce that risk.

Cost: \$100
\$90 (current Field Instructors, alumni
of SSW or SBU employees)

Clinical Work with Transgender and Non-Binary Across the Life Span

Thursday, October 24, 2019
9:00 a.m. – 1:00 p.m.

4 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 2, Room 101*

Instructor:
Donna B. Riley, PhD, LCSW-R
Adjunct Instructor, School of Social Welfare;
Clinician

Workshop Description:

This workshop will address Transgender and non-binary individuals, and their specific needs across the life span. Recent research has noted that many transgender-identified and non-binary persons are contemplating gender transitions at numerous points in their lives. The social realities of trans and non-binary persons offers an opportunity for practitioners to explore conceptualizations of the transgender experience across the lifespan. This workshop will address these individuals concerns for the future—fear of rejection by family and adult children, transphobia, marginalization from gay and lesbian communities, the heterosexual communities and providers. Clinical Social Workers play an integral role in helping a marginalized community live authentic lives.

Cost: \$85
\$75 (current Field Instructors, alumni
of SSW or SBU employees)

PTSD and Biofeedback: From Emotional Deregulation to Homeostasis and Resilience

Tuesday, September 17, 2019
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 3, Room 152*

Instructor:
Roger Keizerstein, LCSW
Certified Clinical Trauma Professional

Workshop Description:

Neuroscience research has provided important new insights into the processing of intense emotions. The workshop will look at the neuroscience of trauma and Post-traumatic stress disorder (PTSD) and the various evidence-based biofeedback and relaxation techniques that are used to treat the symptoms of PTSD. These techniques offer the possibility of reprogramming automatic physical responses. Relaxation techniques will be demonstrated and there will be discussion of the science and rationale of these techniques. Understanding these behaviors in response to traumatic reminders have enormous potential for effective intervention and treatment. Forms of meditation, sensory stimulation and breathing techniques will be utilized.

Cost: \$65
\$55 (current Field Instructors, alumni
of SSW or SBU employees)

Proposal Writing

Friday, November 15, 2019
9:00 a.m. – 3:00 p.m.

6 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 3, Room 152*

Instructor:
Angelie Singla, LMSW
Consultant and Trainer

Workshop Description:

Proposal writing can be a daunting task, however in many cases, proposals become the basis for new programs or enhancements to existing programs. The purpose of this course is to orient participants to the proposal writing process. Participants will learn about each of the common components of a proposal and what makes them most effective. In addition, the nuances between government and private funding will be discussed. This is important for social workers as many nonprofits rely on various funders for their programs.

Cost: \$100
\$90 (current Field Instructors, alumni
of SSW or SBU employees)

Social Media and Mental Health Impact: Children, Adolescents and Young Adults

Friday, October 18, 2019
9:00 a.m. – 1:00 p.m.

4 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 3, Room 152*

Instructor:
Laura Knoepler, LMSW, LICSW
Mental Health Consultant and Trainer

Workshop Description:

The invention and widespread use of social media influences peoples' communication skills and methods; i.e. social media usage instead of engagement in face-to-face verbal interactions, or conversations on the phone. This workshop will introduce ongoing research about the effects of smartphones and social media on the mental, physical and behavioral health of children, teenagers and young adults. The impact on development and associated behavioral issues will be addressed.

Cost: \$85
\$75 (current Field Instructors, alumni
of SSW or SBU employees)

Veterinary Social Work in Practice

Saturday, December 7, 2019
9:00 a.m. – 1:00 p.m.

4 Continuing Education contact hours for NYS licensed social workers

*Location: Stony Brook University,
Health Sciences Tower, Level 3, Room 152*

Instructor:
Pamela Linden, PhD
Clinical Associate Professor, School of
Health Technology & Management,
Stony Brook University

Workshop Description:

In this workshop, participants will be introduced to the four main areas of a new field of social work practice. Coined *Veterinary Social Work* by Dr. Elizabeth Strand at UT Knoxville, *Veterinary Social Work* attends to the human needs in the human-animal bond in four areas: Grief & Bereavement, Compassion Fatigue, the link between violence toward people and violence toward animals, and Animal Assisted Therapy.

Cost: \$85
\$75 (current Field Instructors, alumni
of SSW or SBU employees)

CONTINUING EDUCATION *Fall 2019*

Registration Information

Register Online

To register online visit:
<http://stonybrook.cvent.com/d/nyq2q7>

IMPORTANT LINKS

- For more information contact Jennifer Davidson at socialwelfareced@stonybrook.edu or call (631) 444-8361
- Visit our website: www.socialwelfare.stonybrookmedicine.edu
- For campus maps and directions of Stony Brook University visit: <http://www.stonybrook.edu/maps-and-directions/>

LOCATION: All workshops will take place in the Health Sciences Tower, East Campus, Stony Brook University. Directions for parking and classroom will be emailed prior to each workshop.

or by mail:

MAIL-IN REGISTRATION CONTINUING EDUCATION WORKSHOPS - Fall 2019

(Please indicate the workshops you are registering for by checking the box below)
***Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees**

- ☐ Depressed, Borderline or Bipolar: Diagnosis & Treatment - 9/13 - \$100/\$90*
- ☐ PTSD and Biofeedback: From Emotional Deregulation to Homeostasis and Resilience - 9/17 - \$65/\$55*
- ☐ Social Media and Mental Health Impact: Children, Adolescents and Young Adults - 10/18 - \$85/\$75*
- ☐ Clinical Work with Transgender and Non-Binary Across the Life Span - 10/24 - \$85/\$75*
- ☐ Proposal Writing - 11/15 - \$100/\$90*
- ☐ Veterinary Social Work in Practice - 12/7 - \$85/\$75*

Name: _____

Address: _____

City/State/Zip: _____

Telephone: _____ Email address: _____

Organization/Agency (if applicable): _____

Are you an alumni of the School of Social Welfare? _____ Yes _____ No

Amount Enclosed: _____ # of Workshops _____

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: **NYS S.W. LICENSE #** _____ ☐ **LMSW** ☐ **LCSW**
(Please check one)

Please make check payable to: School of Social Welfare/Stony Brook University

Mail to: Jennifer Davidson
School of Social Welfare, Stony Brook University
Health Sciences Tower, Level 2, Room 093
Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.



Stony Brook
School of Social Welfare