
Friday, September 10, 2021
10:00 am - 12:00 pm
2 Continuing Education contact hours for NYS licensed social workers

Instructor: Margo Lowy, PhD, Psychotherapist

Workshop Description: Maternal ambivalence is the mother’s ability to hold many different and contradictory feelings together. By reflecting on the additional pressures brought on by COVID-19, this workshop will examine what we are learning about how mothers experience their feelings of ambivalence. There will be discussion about the maternal role, a mother’s daily life during the pandemic and the clinical implications of this to add to a deeper understanding of mothering. By normalizing negative feelings there will be an opportunity to comprehend the mother’s emotions and to help our clients manage and understand their feelings of ambivalence towards their children.

Fee: $45
$35 (SSW Alumni, SBU employee, or current Field Instructor)

Special Topics for Aging in Place: Oral Health in Aging

Thursday, November 18, 2021
10:00 am - 11:30 am
1.5 Continuing Education contact hours for NYS licensed social workers

Instructor: Mary R Truhlar, DDS, MS, Professor Stony Brook University, School of Dental Medicine, Department of General Dentistry

Workshop Description: As a person ages, changes in the oral cavity can negatively impact dental and overall health. Learn why dental health for seniors is a health priority and how to help your senior clients (or loved ones) improve their oral health. This workshop will discuss age-related changes of the mouth, teeth, gums and saliva glands and the intersection and impact on systemic health. It will examine the selection of over-the-counter and prescription products which can assist with the maintenance of good oral health. Maintaining an attractive smile, as well proper care of implants, dentures, and removable prostheses will be reviewed. And lastly an important part of preventive healthcare for this age group is knowing the signs and performing routine screenings for oral lesions and cancer.

Fee: $25
$20 (SSW Alumni, SBU employee, or current Field Instructor)

Location of Self: A Pathway to Culturally Affirming and Anti-Racist Practice

Thursday, October 14, 2021
10:00 am - 12:00 pm
5 Continuing Education contact hours for NYS licensed social workers

Instructor: Nayeli Calle-Sousa, LCSW CBT Therapist, Trainer & Consultant

Workshop Description: As therapists, we are often trained to not take responsibility for our own identities. Our anti-racist, however, most therapists find this intimidating. In this interactive workshop you will be given the tools to enter into a brave space so that you can engage in this process with clients.

Fee: $110
$100 (SSW Alumni, SBU employee, or current Field Instructor)

Special Topics for Aging in Place: Aged Children

Thursday, November 11, 2021
10:00 am - 12:00 pm
5 Continuing Education contact hours for NYS licensed social workers

Instructor: Nayeli Calle-Sousa, LCSW CBT Therapist, Trainer & Consultant

Workshop Description: As a person ages, changes in the oral cavity can negatively impact dental and overall health. Learn why dental health for seniors is a health priority and how to help your senior clients (or loved ones) improve their oral health. This workshop will discuss age-related changes of the mouth, teeth, gums and saliva glands and the intersection and impact on systemic health. It will examine the selection of over-the-counter and prescription products which can assist with the maintenance of good oral health. Maintaining an attractive smile, as well proper care of implants, dentures, and removable prostheses will be reviewed. And lastly an important part of preventive healthcare for this age group is knowing the signs and performing routine screenings for oral lesions and cancer.

Fee: $25
$20 (SSW Alumni, SBU employee, or current Field Instructor)

Special Topics for Aging in Place: Assistive Technology For Aging in Place

Tuesday, December 7, 2021
10:00 am - 12:00 pm
1 Continuing Education contact hour for NYS licensed social workers

Instructor: Karen DePelle, OTR, OTR/L, CEA, Vice Chair, Clinical Assistant Professor, Occupational Therapy Program, Stony Brook University, School of Dental Medicine, Department of General Dentistry

Workshop Description: During this workshop, participants will learn about normal effects of aging in the work environment as well as at home and in the community. General information about the normal effects of aging on the body including vision, muscles, and balance will be presented. Some ways to more safely and effectively navigate the home and community will be explored.

Fee: $25
$20 (SSW Alumni, SBU employee, or current Field Instructor)
CONTINUING EDUCATION Fall 2021/Winter 2022 Workshops

Stony Brook University/SUNY is an affirmative action, equal opportunity educator and employer.

Register Online
To register online visit: https://cvent.me/bOGd3D

All workshops are Live Online/Interactive Workshops via Zoom Technology
Registrants will receive a Zoom link to join workshop in a confirmation letter.

Important Links
- For more information contact Jennifer Davidson at socialwelfare.edta@stonybrook.edu or call (631) 444-8361
- socialwelfare.stonybrookmedicine.edu/continuing_education

Dialectical Behavior Therapy in Practice: Mastering the Essentials
Saturday, January 8, and Saturday, January 15, 2022 (2-part program)
10:00 am – 1:00 pm 3 Continuing Education contact hours for NYS licensed social workers
Instructor: Alexis Santiago-Autar, LMSW, Division Director of Westchester Community Based Programs, The Children’s Village

Workshop Description:
Dialectical Behavior Therapy (DBT) is an evidenced-based, cognitive behavioral treatment model originally designed to primarily treat severe and chronically suicidal behaviors but has now evolved to incorporate those who experience emotion dysregulation. The goal of DBT is to create a “life worth living”. DBT therapy incorporates some fundamental principles that center around mindfulness, non-judgment, and validation. Through this workshop you will learn these fundamental principles, along with the core DBT skills of mindfulness, emotion regulation, distress tolerance, interpersonal effectiveness skills and how they relate to providing individuals with the tools needed to regulate their emotions and "live a life worth living. Part one will focus on the history and general concepts; part two will focus on application and practice.

Fee: $135
$125 (SSW Alumni, SBU employee, or current Field Instructor)

Creating a LGBTQIA+ (Lesbian, Gay, Bisexual, Transgender, Queer and/or Questioning, Intersex, and Asexual) Therapeutic Practice
Saturday, January 29, 2022
9:00 am – 12:00 pm 3 Continuing Education contact hours for NYS licensed social workers
Instructor: Elisa Waters, LMSW (she/her/el/la) Therapist & Founder of LGBTTeach

Workshop description: What does it mean to be a LGBTQIA+ inclusive practitioner? How do we build rapport with LGBTQIA+ clients and their support systems? This interactive workshop will be an opportunity to unpack questions while acknowledging that our journey of building awareness and empathy may happen at the same time we are working with clients experiencing their own exploration of gender and sexuality. In this workshop participants will broaden their understanding of LGBTQIA+ inclusive language surrounding gender and sexuality, become more sensitized towards the dynamics of family systems when working with LGBTQIA+ clients, learn about best practices for supporting LGBTQIA+ clients and their families, and gain an understanding of the complexity of issues and the sensitive nature of working with LGBTQIA+ clients.

Fee: $55
$50 (SSW Alumni, SBU employee, or current Field Instructor)

 MAIL-IN REGISTRATION
CONTINUING EDUCATION WORKSHOPS - Fall 2021/Winter 2022
(please indicate the workshops you are registering for by checking the box below)

- □ Special Topics for Aging in Place: Oral Health in Aging - 10/8/21 - $25/$20*
- □ Location of Self: A Pathway to Culturally Affirming and Anti-Racist Practice - 10/14/21 - $110/$100*
- □ Trauma Informed Care in School Aged Children - 11/11/21 - $110/$100*
- □ Special Topics for Aging in Place: Aging and the Impact on Work, Home and Community Living - 11/18/21 - $25/$20*
- □ Special Topics for Aging in Place: Assistive Technology For Aging in Place - 12/1/21 - $20/$15*
- □ Dialectical Behavior Therapy in Practice: Mastering the Essentials - 1/8/22 & 1/15/22 (2 part program) - $135/$125*
- □ Creating a LGBTQIA+ Therapeutic Practice - 1/29/22 - $65/$55*

Name: ___________________________________________________________________________________________
Address: ___________________________________________________________________________________________
City/State/Zip: _____________________________________________________________________________________
Telephone: __________________________ Email address: __________________________________________
Are you an alumni of the School of Social Welfare? _____Yes _____No
Amount Enclosed: __________________________ # of Workshops __________________________

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: NYS S.W. LICENSE #____________________
☐ LMSW ☐ LCSW

Mail to:
Make checks payable to:
Stony Brook University/School of Social Welfare
Jennifer Davidson
School of Social Welfare, Stony Brook University
Health Sciences Tower, Level 2, Room 092
Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.

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