



Fall/Winter 2018

# CONTINUING EDUCATION

SUNY Stony Brook's School of Social Welfare is recognized by the New York State of Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers - (#SW-0050)

## Workshops

### ACES: Adverse Childhood Experiences, Risk and Resilience

Friday, September 14, 2018  
9:00 a.m. – 1:00 p.m.

4 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 152

Instructor:  
**Anthony Zenkus, LCSW**  
Senior Director of Education and Communications, VIBS Family Violence & Rape Crisis Center

**Workshop Description:**  
What do cancer, heart disease, opioid addiction, depression and conduct disorder all have in common? They are all correlated to histories of trauma and toxic stress. We will profile the landmark Adverse Childhood Experiences – or ACES Study, showing the link between childhood trauma and increased risk. The effect of trauma on behavior, brain development and physical health will be discussed and participants will be encouraged to assume a more trauma-informed approach to the work they do. Whether you work with children, teens or adults, this workshop will give you insight into the health and behaviors of those you serve.

**Cost:** \$80  
\$70 (current Field Instructors, alumni of SSW or SBU employees)

### Alcoholism and Substance Abuse of the Older Adult

Thursday, October 11, 2018  
6:00 p.m. – 9:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 155

Instructor:  
**Michael Chiappone, LMSW**  
Adjunct Professor, School of Social Welfare; Medical Social Worker, St. Charles Hospital

**Workshop Description:**  
Life expectancy is the longest it has been in history. The combination of the bio-psychosocial factors of aging, coupled with the increase of narcotic pain and anxiety medication is increasing the likelihood of Alcoholism and Substance Abuse in the older adult population. This workshop will identify risk factors as well as teach best practices to engage and treat alcoholism and substance abuse within this population.

**Cost:** \$60  
\$50 (current Field Instructors, alumni of SSW or SBU employees)

### Abandonment Trauma and Patterns of Self Sabotage: Techniques to Promote Behavioral Change

Friday, November 2, 2018  
9:00 a.m. – 3:00 p.m.

6 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 155

Instructor:  
**Susan M. Anderson, LCSW**  
Psychotherapist; Founder Abandonment Recovery Movement

**Workshop Description:**  
Abandonment trauma and its aftermath of self-sabotaging patterns is the subject of this seminar. We delineate the key features of post-traumatic stress disorder of abandonment and explore how unresolved abandonment trauma can interfere in adult functioning in the form of deeply entrenched automatic behaviors. The dilemma for practitioners is that it seems easier for people to gain emotional self-awareness than to *change behavior*. What is the resistance about? Do we deliberately resist changing our deeply entrenched patterns even when they are self-defeating? Are other mechanisms within the brain at play? Is some part of what we do involuntary? How do we overcome them? This seminar explores techniques for ameliorating the underlying emotions stemming from abandonment wounds past and present and for overcoming abandonment's post-traumatic patterns of self sabotage.

**Cost:** \$100  
\$90 (current Field Instructors, alumni of SSW or SBU employees)

### Post-Traumatic Stress & Accumulated Stress Injury

Friday, November 30, 2018  
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 152

Instructor:  
**Roger Keizerstein, LCSW**  
Certified Clinical Trauma Professional

**Workshop Description:**  
Through an in-depth discussion and case illustrations, this workshop is designed to differentiate between trauma referred to with a capital "T" and the type of traumas referred to with a lower case "t". Attendees will learn how the Autonomic Nervous System (ANS) functions by defining specific symptoms and behaviors found in Post-Traumatic Stress Disorder and Accumulated Stress Injury. Audience participation will be encouraged to enhance learning about the various implications of traumas and to reinforce an understanding of the impact of trauma on the brain and ANS. Mr. Keizerstein will demonstrate various approaches for effective treatment of symptoms of post-traumatic stress disorder and accumulated stress injury.

**Cost:** \$60  
\$50 (current Field Instructors, alumni of SSW or SBU employees)

### Ethics for Social Workers

Friday, December 7, 2018  
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 155

Instructor:  
**Joan Beder, DSW, LCSW**  
Adjunct Clinical Associate Professor, School of Social Welfare; Professor Emeritis Yeshiva University, Wurzweiler School of Social Work

**Workshop Description:**  
As a profession, we are guided by the National Association of Social Workers (NASW) Code of Ethics. Recently, NASW has made revisions to our code; some of the revisions have direct implications for our practice. In this course, we will examine the changes in the Code (which went into effect in 2018) and will look at some of the ethical challenges we face on a daily basis. Case examples will be used to illustrate some of the common ethical decisions we make as social workers. Workshop discussion and ethical challenges will be the order of the day!

**Cost:** \$60  
\$50 (current Field Instructors, alumni of SSW or SBU employees)

### Understanding & Treating Caregiver Stress Syndrome

Friday, January 11, 2019  
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University Classroom: TBA

Instructor:  
**Kathleen Rose, Esq., LMSW**  
Licensed Attorney; Social Worker specializing in elder law and healthcare compliance

**Workshop Description:**  
Caregivers are often the forgotten or "silent patients". Many caregivers endure financial strain, depression and isolation, feelings of guilt that they need respite, as well as emotional and physical stress. Some caregivers find themselves thrust into crisis planning, under great pressure, to arrange for immediate long-term care. This workshop will identify the caregiver ecosystem, address the challenges and identify the signs of caregiver burnout. Tasks/duties for each phase of the caregiver journey and the needs and experiences of the caregiver will be discussed.

**Cost:** \$60  
\$50 (current Field Instructors, alumni of SSW or SBU employees)

# CONTINUING EDUCATION *Fall/Winter 2018*

## Registration Information

### Register Online

To register online visit:  
<http://stonybrook.cvent.com/d/7gq4j9>

#### IMPORTANT LINKS

- For more information contact **Jennifer Davidson** at [socialwelfareced@stonybrook.edu](mailto:socialwelfareced@stonybrook.edu) or call (631) 444-8361
- Visit our website: [www.socialwelfare.stonybrookmedicine.edu](http://www.socialwelfare.stonybrookmedicine.edu)
- For campus maps and directions of Stony Brook University visit: <http://www.stonybrook.edu/maps-and-directions/>

or by mail:

## MAIL-IN REGISTRATION CONTINUING EDUCATION WORKSHOPS - *Fall/Winter 2018*

(Please indicate the workshops you are registering for by checking the box below)  
**\*Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees**

- ACES: Adverse Childhood Experiences, Risk and Resilience - 9/14 - \$80/\$70\*
- Alcoholism and Substance Abuse of the Older Adult - 10/11 - \$60/\$50\*
- Abandonment Trauma and Patterns of Self-Sabotage: Techniques to Promote Behavioral Change - 11/2 - \$100/\$90\*
- Post-Traumatic Stress & Accumulated Stress Injury - 11/30 - \$60/\$50\*
- Ethics for Social Workers - 12/7 - \$60/\$50\*
- Understanding & Treating Caregiver Stress Syndrome - 1/11 - \$60/\$50\*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email address: \_\_\_\_\_

Organization/Agency (if applicable): \_\_\_\_\_

Are you an alumni of the School of Social Welfare?    \_\_\_\_ Yes    \_\_\_\_ No

Amount Enclosed: \_\_\_\_\_ # of Workshops \_\_\_\_\_

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: **NYS S.W. LICENSE #** \_\_\_\_\_  **LMSW**  **LCSW**  
(Please check one)

Please make check payable to: **School of Social Welfare/Stony Brook University**

Mail to:  
Jennifer Davidson  
School of Social Welfare, Stony Brook University  
Health Sciences Tower, Level 2, Room 093  
Stony Brook, NY 11794-8231

**All registrants will receive a confirmation for each course**

**Cancellation policy:** A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.



**Stony Brook**  
**School of Social Welfare**