



Spring 2019 CONTINUING EDUCATION

SUNY Stony Brook's School of Social Welfare is recognized by the New York State of Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers - (#SW-0050)

Workshops

Harm Reduction for the Client and in Community Settings

Saturday, March 9, 2019
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 155

Instructor:
Michael Chiappone, LCSW
Adjunct Professor, School of Social Welfare;
Medical Social Worker, St. Charles Hospital

Workshop Description:

Harm Reduction offers unique opportunities into how to approach and engage client systems that have shown resistance to other types of treatment modalities. This workshop will focus on the benefits of harm reduction for clients and communities. Resistance to harm reduction among practitioners and community members will be discussed. Attendees will explore how harm reduction can be applied within services that are provided at your agency/practice; learn to identify the strengths and limitations of the harm reduction model and role play harm reduction scenarios. Participants will also develop tools and strategies to understand different types of harms and how to mitigate them.

Cost: \$60
\$50 (current Field Instructors, alumni of SSW or SBU employees)

Understanding & Treating Caregiver Stress Syndrome

Friday, March 29, 2019
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 152

Instructor:
Kathleen Rose, Esq., LMSW
Licensed Attorney; Social Worker specializing in elder law and healthcare compliance

Workshop Description:

Caregivers are often the forgotten or "silent patients". Many caregivers endure financial strain, depression and isolation, feelings of guilt that they need respite, as well emotional and physical stress. Some caregivers find themselves thrust into crisis planning, under great pressure, to arrange for immediate long-term care. This workshop will identify the caregiver ecosystem, address the challenges and identify the signs of caregiver burnout. Tasks/duties for each phase of the caregiver journey and the needs and experiences of the caregiver will be discussed.

Cost: \$60
\$50 (current Field Instructors, alumni of SSW or SBU employees)

Educating Caretakers: Rituals & Vigils- An End of Life Celebration

Friday, April 12, 2019
9:00 a.m. – 12:00 p.m.

3 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 101

Instructor:
Susan Capurso
End of Life Doula - Certified End of Life Guide, Elder Care Specialist, Advanced Directive Consultant; Author

Workshop Description:

We are never taught properly how to do end of life right. In work with your clients you can create a space that is beautiful and will honor an individual during this last chapter of life. With mindfulness and planning, we can hold a space through transition, while facilitating closure with our clients through a warm and intentional experience. Attendees will learn tools and techniques for rituals and vigils at life's end along with self-care in grieving in the professional relationship. In this workshop you will learn the skills to honor a sacred journey at life's end.

Cost: \$60
\$50 (current Field Instructors, alumni of SSW or SBU employees)

Cognitive Behavioral Therapy (CBT): Strategy & Technique in Social Work Practice

Friday, April 26, 2019
9:00 a.m. – 1:00 p.m.

4 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room 155

Instructor:
Kathleen Rogers, LCSW, CRC
Adjunct Professor, School of Social Welfare

Workshop Description:

Cognitive Behavioral Therapy (CBT) is an effective combination of talk and behavioral therapy that can be applied to disorders such as depression and anxiety. It allows for and supports individuals to reframe negative thinking patterns into positive thoughts. Participants will examine the relationship between thoughts, feelings and actions. CBT strategies to help recognize these relationships will be explored. Attendees will learn practical hands-on clinical skills to better support their work with clients.

Cost: \$80
\$70 (current Field Instructors, alumni of SSW or SBU employees)

Early Childhood Mental Health Consulting: Working Collaboratively with Families, School Staff and Healthcare Professionals

Tuesday, June 4, 2019
9:30 a.m. – 3:30 p.m.

6 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room TBA

Instructor:
Laura Knoepler, LMSW, LICSW, CQSW
Mental Health Consultant and Trainer

Workshop Description:

The science of child development informs us about the importance of healthy social and emotional wellbeing not only in the early childhood years, but how adverse experiences during this period can have far reaching effects into adulthood. Utilizing a relationship based approach, learn how to create a collaborative plan for parents, school staff and health professionals utilizing tools and techniques which support early childhood mental health.

Cost: \$100
\$90 (current Field Instructors, alumni of SSW or SBU employees)

Clinical Intervention for Shame: A Core Feature of Abandonment Trauma

Friday, June 14, 2019
9:00 a.m. – 3:00 p.m.

6 Continuing Education contact hours for NYS licensed social workers

Location: Stony Brook University, Health Sciences Tower, Level 3, Room TBA

Instructor:
Susan M. Anderson, LCSW
Psychotherapist; Founder Abandonment Recovery Movement

Workshop Description:

This workshop will examine shame as a universal vein that runs beneath the surface of human experience. Shame is a pivotal feature of post-traumatic stress disorder of abandonment. It is easily triggered, yet its impact on emotions and behavior can remain subliminal to conscious awareness. Due to its stigmatized nature and its submerged position within the personality structure, many of our clients lack a language with which to articulate shame. Through experiential exercises this workshop will provide *didactic review of abandonment's post traumatic responses and the origins of primal shame and fear; *experiential training in the use of tools for helping our clients overcome shame's interference in their relationships and goal achievement; and opportunity for group discussion and processing. The workshop is interactive and is taught with a variety of approaches including, experiential exercises, and facilitated discussion.

Cost: \$100
\$90 (current Field Instructors, alumni of SSW or SBU employees)

CONTINUING EDUCATION *Spring 2019*

Registration Information

Register Online

To register online visit:
<http://stonybrook.cvent.com/d/7gq4j9>

IMPORTANT LINKS

- For more information contact **Jennifer Davidson** at socialwelfareced@stonybrook.edu or call (631) 444-8361
- Visit our website: www.socialwelfare.stonybrookmedicine.edu
- For campus maps and directions of Stony Brook University visit: <http://www.stonybrook.edu/maps-and-directions/>

or by mail:

MAIL-IN REGISTRATION CONTINUING EDUCATION WORKSHOPS - Spring 2019

(Please indicate the workshops you are registering for by checking the box below)
***Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees**

- ☐ Harm Reduction for the Client and in Community Settings - 3/9 - \$60/\$50*
- ☐ Understanding and Treating Caregiver Stress Syndrome - 3/29 - \$60/\$50*
- ☐ Educating Caretakers: Rituals & Vigils - An End of Life Celebration - 4/12 - \$60/\$50*
- ☐ Cognitive Behavioral Therapy (CBT): Strategy & Technique in Social Work Practice - 4/26 - \$80/\$70*
- ☐ Early Childhood Mental Health Consulting: Working Collaboratively with Families, School Staff & Healthcare Professionals - 6/4 - \$100/\$90*
- ☐ Clinical Intervention for Shame: A Core Feature of Abandonment Trauma - 6/14 - \$100/\$90*

Name: _____

Address: _____

City/State/Zip: _____

Telephone: _____ Email address: _____

Organization/Agency (if applicable): _____

Are you an alumni of the School of Social Welfare? _____Yes _____No

Amount Enclosed: _____ # of Workshops _____

ALL SOCIAL WORKERS PLEASE COMPLETE THIS INFORMATION: **NYS S.W. LICENSE #** _____ ☐ **LMSW** ☐ **LCSW**
(Please check one)

Please make check payable to: **School of Social Welfare/Stony Brook University**

Mail to:
Jennifer Davidson, MS. Ed.
School of Social Welfare, Stony Brook University
Health Sciences Tower, Level 2, Room 092
Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.



Stony Brook
School of Social Welfare