Engaging Fathers Within Social Work Practice
Saturday, March 20
10:00 a.m. - 1:00 p.m.
6 Continuing Education contact hours for NYS licensed social workers
Instructor: Jack McKillop, LMSW, Senior Research Analyst, Stony Brook University, Director of Intake, Ministry for Hope, Inc.
Workshop Description: How does a father’s presence or absence affect the development of his children? What are some challenges to help-seeking among fathers? What types of programs currently work with fathers? This workshop will explore theory and research of father involvement, as well as strategies to work with fathers. Case studies and group discussion will illustrate services, supports, and opportunities for families with children. 
Fee: $65
$55 (current Field Instructor, alumni of SSW or SBU employee)

Motivational Interviewing Tools and Strategies
Thursday, April 15 and Thursday, April 22 (2-part program)
9:00 a.m. - 12:00 p.m.
3 Continuing Education contact hours for NYS licensed social workers
Instructors: Joe Hyde, MA, LMHC, CAS, Technical Expert Lead, JBS International
Amber Murray, MA, Technical Expert Lead, JBS International
Workshop Description: Intensive two part workshop will help advance your skills in Motivational Interviewing and expand upon how we engage and build collaboration and intrinsic client motivation for change. The workshop will provide practice opportunities for use of specific MI tools and strategies. You will receive feedback on fine-tuning and strengthening your MI practice. The workshop will be interactive and we will have fun while learning.
Fee: $135
$125 (current Field Instructor, alumni of SSW or SBU employee)

Understanding Solution Focused Brief Strategic Therapy
Saturday, February 6 and Saturday, February 13 (2-part program)
9:00 a.m. - 2:00 p.m.
10 Continuing Education contact hours for NYS licensed social workers
Instructor: Nayeli Calle-Sousa, LCSW
CBT Therapist, Trainer & Consultant
Workshop Description: Many forms of therapy are designed to increase a client’s insight in order for symptoms and behaviors to improve. Though this can work for many clients, under these models clients that do not want to delve into their past often end up being described as resistant- leaving both the therapist and client feeling frustrated. BST provides therapists another pathway. It is an evidence-based treatment that is non-normative, a-historic, and pragmatic. In this course you will learn the foundations of BST as well as the practical strategies that you can use to help your clients get “unstuck”. We will focus on applying BST in a culturally affirming way. This interactive course will use case vignettes and role plays to help you practice BST techniques.
Fee: $220
$210 (current Field Instructor, alumni of SSW or SBU employee)

Dialectical Behavior Therapy in Practice: Mastering the Essentials
Saturday, January 9 and Saturday, January 16 (2-part program)
10:00 a.m. - 1:00 p.m.
6 Continuing Education contact hours for NYS licensed social workers
Instructor: Alexis Santiago-Autor, LMSW, Division Director of Westchester Community Based Organizations, The Children’s Village Workshop
Workshop Description: Dialectical Behavioral Therapy (DBT) is an evidenced-based, cognitive behavioral treatment model originally designed to primarily treat severe and chronic suicidal behaviors but has now evolved to incorporate those who experience emotion dysregulation. The goal of DBT is to create a “life worth living”. DBT therapy incorporates some fundamental principles that center around mindfulness, non-judgment, and validation. Through this workshop you will learn these fundamental principles, along with the core DBT skills of mindfulness, emotion regulation, distress tolerance, interpersonal effectiveness, skills and how they relate to providing individuals with the tools needed to regulate their emotions and “live a life worth living. Part one will focus on the history and general concepts; part two will focus on application and practice.
Fee: $135
$125 (current Field Instructor, alumni of SSW or SBU employee)

The Power of Maternal Ambivalence: Clinical Implications
Friday, June 4
10:00 a.m. - 1:00 p.m.
3 Continuing Education contact hours for NYS licensed social workers
Instructor: Margo Lowry, PhD, Psychotherapist
Workshop description: As a result of COVID-19, home life has changed together with the increased likelihood of coming face to face with negative emotions toward mothering. Maternal ambivalence is defined as the co-existence of a mother’s loving and hating feelings, which are postured as momentary, ubiquitous and a traumatic part of the mother’s love. Maternal ambivalence is a taboo topic which is surfacing as mothers are confronted with additional pressures brought on by the pandemic. This workshop will allow the participants to gain a unique understanding of these troubling maternal feelings and the complex issues that surround them. By normalizing negative feelings there will be an opportunity to comprehend the mother’s emotions and to help our clients manage and understand their maternal feelings.
Fee: $65
$55 (current Field Instructor, alumni of SSW or SBU employee)

CONINUING EDUCATION
Spring 2021
LIVE ONLINE/INTERACTIVE WORKSHOPS VIA ZOOM TECHNOLOGY

Register Here

Coming in 2021:
Special Topics for Aging in Place
90 minute online interactive workshops

Fee: $65
$55 (current Field Instructor, alumni of SSW or SBU employee)
CONTINUING EDUCATION
Spring 2021 Workshops

Registration Information

REGISTER ONLINE
To register online visit: stonybrook.cvent.com/d/67qszm

All workshops are Live Online/Interactive Workshops via Zoom Technology
Registrants will receive a Zoom link to join workshop in a confirmation letter.

MAIL-IN REGISTRATION
CONTINUING EDUCATION WORKSHOPS – Spring 2021
(Please indicate the workshops you are registering for by checking the box below)
*Special discounted fee for current Field Instructors, Alumni or SSW or SBU employees

<table>
<thead>
<tr>
<th>Workshop Description</th>
<th>Dates</th>
<th>Registration Fee ($)</th>
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<tbody>
<tr>
<td>Dialectical Behavior Therapy in Practice: Mastering the Essentials</td>
<td>1/9 &amp; 1/16</td>
<td>$135/$125*</td>
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<tr>
<td>Understanding Solution Focused Brief Strategic Therapy</td>
<td>2/6 &amp; 2/13</td>
<td>$220/$210*</td>
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<tr>
<td>The Trauma of Loss and Grief</td>
<td>3/10</td>
<td>$65/$55*</td>
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<td>6/4</td>
<td>$65/$55*</td>
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Name: __________________________________________________________________________________________
Address: __________________________________________________________________________________________
City/State/Zip: _____________________________________________________________________________________
Telephone: ___________________ Email address: ___________________
Organization/Agency (if applicable): _____________________________________________________________________

Are you an alumni of the School of Social Welfare? _____Yes _____No

Amount Enclosed: ___________________ # of Workshops ___________________

Please make check payable to: School of Social Welfare/Stony Brook University
Mail to:
Jennifer Davidson
School of Social Welfare, Stony Brook University
Health Sciences Tower, Level 2, Room 092
Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.

Stony Brook University/SUNY is an affirmative action, equal opportunity educator and employer.