# CONTINUING EDUCATION WINTER/SPRING 2022

LIVE ONLINE WORKSHOPS VIA ZOOM TECHNOLOGY

### **Impacts of Maternal Incarceration:** A Person-Centered Approach in Clinical Practice with Children

Friday, January 28, 2022

9:30 am - 12:30 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor: Lyneisha R. Dukes, LMSW,** JPhD Student Adjunct Instructor, School of Social Welfare, Stony Brook University

Workshop Description: More than 5 million children have been burdened by parental incarceration, 1 in 14 are currently experiencing parental incarceration (Prison Policy, 2018). The emotional and social strain endured by children of incarcerated parents is a contributing factor to psychological maladaptation. Research depicts children that have experienced maternal incarceration are 2.5 more at risk of incarceration over the course of their lives, than children who experienced paternal incarceration. This presentation is aimed to provide practitioners with knowledge to guide their work by supporting their ability to identify this population, confront stigmatization, and serve them through a person-centered approach.

Fee:

\$55 (SSW Alumni, SBU employee, or current Field Instructor)

Cultural Competence in Therapeutic Practice with LGBTQIA+ (Lesbian, Gay, Bisexual, Transgender, Queer and/or Questioning, Intersex and Asexual) Clients

Saturday, January 29, 2022

9:00 am - 12:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor:

Elisa Waters, LMSW, Therapist & Founder of LGBTeach

Workshop Description:

What does it mean to be a LGBTQIA+ inclusive practitioner? How do we build rapport with LGBTQIA+ clients and their support systems? This interactive workshop will be an opportunity to unpack questions while acknowledging that our journey of building awareness and empathy may happen at the same time we are working with clients experiencing their own exploration of gender and sexuality. In this workshop participants will broaden their understanding of LGBTQIA+ inclusive language surrounding gender and sexuality, become more sensitized towards the dynamics of family systems when working with LGBTQIA+ clients, learn about best practices for supporting LGBTQIA+ clients and their families, and gain an understanding of the complexity of issues and the sensitive nature of working with LGBTQIA+ clients.

Fee:

\$55 (SSW Alumni, SBU employee, or current Field Instructor)

# Assessment and Treatment of the Traumatized Child

Friday, February 4, and Friday, February 11, 2022 (2-part program)

10:00 am - 3:00 pm

10 Continuing Education contact hours for NYS licensed social workers

**Instructor:** *Nayeli Calle-Sousa, LCSW, Therapist, Founder of Brave Perspectives LLC* 

**Workshop Description:** 

Statistically it is known that adverse childhood experiences (ACES) before the age of 18 increases risk of not only developing social and emotional challenges but also increases risk of substance use and autoimmune diseases. Research also shows that intervening early with effective trauma treatment can mitigate these risks. In this two-part comprehensive workshop we will expand the way we define trauma so that we are more able to recognize it in the children and families we treat and gain tools to assess trauma symptoms in children ages 5-11. Participants will learn evidence based trauma treatment practices that can be used with the child and caregivers so that the family unit can heal and learn coping tools together.

\$220 Fee:

\$210 (SSW Alumni, SBU employee, or current Field Instructor)

#### **Somatic Practice: Healing Trauma** with Body-Mind Therapy

Friday, March 4, 2022

1:00 pm - 3:00 pm

2 Continuing Education contact hours for NYS licensed social workers

Michelle Cleary, LCSW, Adjunct Instructor, School of Social Welfare

**Workshop Description:** 

This workshop will introduce some of the foundational concepts of working with trauma from a somatic perspective body-based approach to healing trauma. It will include an overview of how working with trauma is not an exploration of a story or narrative but rather an exploration of how events impact an individual's body. Participants will learn about various somatic interventions, as well as simple observations of a person's body that can provide deeper insight into how traumatic events have impacted them. There will be discussion of the body's natural tendency toward healing and how practitioners can support that process.

Fee:

\$35 (SSW Alumni, SBU employee, or current Field Instructor)

# Exploring the Ethical Obligations of Social Workers: Boundaries, Confidentiality and Mandated Reporting

Friday, March 11, 2022

10:00 am - 1:00 pm

3 Continuing Education contact hours for NYS licensed social workers

**Instructor**: *Kathryn Krase, PhD, JD, MSW, Principal Consultant with Krase Consultant* 

Workshop Description:

This course brings real-world context to ethical concerns often experienced by professionals in practice. Through an exploration of boundaries, confidentiality and mandated reporting, this course will provide a framework to contemplate ethical dilemmas and make informed decisions that insulate professionals from legal liability while protecting clients from

Fee:

\$55 (SSW Alumni, SBU employee, or current Field Instructor)

#### Children or Family First: **Navigating the Conflict Between** Child Protection and Parents' Rights

Friday, April 29, 2022

10:00 am - 12:00 pm

2 Continuing Education contact hours for NYS licensed social workers

Instructor: Kathryn Krase, PhD, JD, MSW, Principal Consultant with Krase Consultant

Workshop Description:

More than half of child maltreatment suspicions do not get reported to child protective services. Contributing to the quandaries professional reporters face when making the decision to report is concern for infringing on family autonomy. These concerns largely relate to the ethical conflict between protecting children and respecting parental rights. This session will explore the history and ethical application of parental, child and family rights schemas in an effort to help prepare professional reporters of suspected child maltreatment with the tools to report, when necessary, and respect family autonomy whenever possible.

Fee:

\$35 (SSW Alumni, SBU employee, or current Field Instructor)

#### Continuing Education Winter/Spring 2022 Workshops Continued

#### Assessment and Treatment of the Traumatized Adult

Friday, May 6 and Friday, May 13, 2022 (2-part program)

10:00 am - 3:00 pm

10 Continuing Education contact hours for NYS licensed social workers

Instructor: Nayeli Calle-Sousa, LCSW, Therapist, Founder of Brave Perspectives LLC

#### Workshop Description:

Workshop Description:
70% of adults have experienced some type of traumatic event at least once in their lives. This means that when an adult enters therapy there is a high likelihood that the symptoms they are experiencing are trauma-related. In addition, when we apply an anti-racist and equity lens to our practice, we are more able to identify the impact of racial and gendered trauma. In this two-part workshop participants will gain the tools to assess for both traditional and more nuanced trauma symptoms. There will be a focus on evidence-based trauma treatment practices to better address the issues that adults with a trauma history to better address the issues that adults with a trauma history typically experience such as difficulties with emotional regulation, forming and maintaining healthy relationships, resolving conflict, and assertive communication.

\$220 \$210 (SSW Alumni, SBU employee,or current Field Instructor)

#### Motivational Interviewing: Embracing its Spirit, Skills & Strategies

Friday, June 24, 2022

10:00 am - 1:00 pm

3 Continuing Education contact hours for NYS licensed social workers

Instructor: Joe Hyde, MA, LMHC, CAS, Technical Expert Lead, JBS International, Adjunct Instructor, School of Social Welfare

#### Workshop Description:

This workshop will focus on the spirit and skills of motivational interviewing. Participants will learn skills and selected tools for engaging, building collaboration, building intrinsic client motivation for change, and learning strategies that will help to guide clients arrive at plans for change. This will be an interactive workshop and we will have fun while learning .

Fee:

\$65 \$55 (SSW Alumni, SBU employee, or current

# Register Online



#### **IMPORTANT LINKS**

- For more information contact **Jennifer Davidson** at <u>socialwelfareced@stonybrook.edu</u> or call (631) 444-8361
- $social welfare. stony brook medicine. edu/continuing\_education$
- For campus maps and directions of Strony Brook University visit: <a href="http://www.stonybrook.edu/maps-and-directions/">http://www.stonybrook.edu/maps-and-directions/</a>

All workshops are Live Online/Interactive Workshops via Zoom Technology

Registrants will receive a Zoom link to join workshop in a confirmation letter.

or by mail:

## MAIL-IN REGISTRATION

#### CONTINUING EDUCATION WORKSHOPS - Winter/Spring 2022

(Please indicate the workshops you are registering for by checking the box below)

\*Special discounted fee for current Field Instructors. Alumni or SSW or SBU employees

$\hfill\square$ Impacts of Maternal Incarceration: A Person-Center	ed Approach in Clinical P	Practice with Children	n - 1/28 - \$65/\$55*
☐ Cultural Competence in Therapeutic Practice with L	GBTQIA+ Clients - 1/29 -	\$65/\$55*	
$\hfill\square$ Assessment and Treatment of the Traumatized Child	1 - 2/4 & 2/11 (2-part pro	gram) - \$220/\$210*	
$\hfill\Box$ Somatic Practice: Healing Trauma with Body-Mind $\hfill\Box$	Therapy - 3/4 - \$45/\$35*		
$\hfill\square$ Exploring the Ethical Obligations of Social Workers	- 3/11 - \$65/\$55*		
$\hfill\square$ Children or Family First: Navigating the Conflict Beth	ween Child Protection an	nd Parents' Rights - 4	/29 - \$45/\$35*
$\hfill\square$ Assessment and Treatment of the Traumatized Adul	t - 5/6 & 5/13 (2-part pro	gram) - \$220/\$210*	
$\hfill\square$ Motivational Interviewing: Embracing its Spirit, Skills	<b>&amp; Strategies - 6/24 - \$65</b>	5/\$55*	
Address:			
Telephone:	_ Email address:		
Organization/Agency (if applicable):			
Are you an alumni of the School of Social Welfare?	Yes	No	
Amount Enclosed:	# of Workshops		
Amount Enclosed.			

Mail to: Jennifer Davidson

School of Social Welfare, Stony Brook University Health Sciences Tower, Level 2, Room 092 Stony Brook, NY 11794-8231

All registrants will receive a confirmation for each course

Cancellation policy: A credit will be offered if registrant cancels within one week of workshop. Prior to that time, a refund will be given.

