

# Jalana Harris, Ph.D., LCSW-R

School of Social Welfare  
Health Sciences Center • Level 2 • Room 093F  
Stony Brook University  
Stony Brook, NY 11794-8230  
jalana.harris@stonybrook.edu

---

## EDUCATION

- May 2018     Stony Brook University  
***Doctor of Philosophy in Social Work***  
Dissertation: Adherence to the Strong Black Woman Archetype and Sexual Agency:  
An Intersectional Exploration of Sexual Assertiveness, Towards Deconstructing  
Black Women's Sexual Health  
Committee: Drs. R. Anna Hayward (Advisor), Abena Asare, Richard Morgan, Amy  
Hammock
- May 2009     Stony Brook University  
School of Social Welfare  
***Master of Social Work***
- June 2000     Emory University  
***Bachelor of Arts in Economics***  
***Bachelor of Arts in Dance & Movement Studies***

## RESEARCH INTERESTS

Intersectionality; Misogynoir; Cultural Scripts & Archetypes; Historical Trauma; Social Work Practice with Black Women; and Decolonizing Social Work Practice

## TEACHING INTERESTS

Intersectionality and Social Work Practice; Power, Racism, Privilege, and Oppression; and Decolonizing Social Work Practice

## TEACHING EXPERIENCE

### **Lecturer in Discipline**

*Columbia University School of Social Work*

Advanced Clinical Practice in Health, Mental Health, & Disabilities (graduate level)

Clinical Case Evaluation (graduate level)

Direct Practice with Individuals, Families, and Groups (graduate level)

Foundations of Social Work Practice: Decolonizing Social Work (graduate level)

Motivational Interviewing Lab (graduate level)

## **Adjunct Lecturer**

*Fordham University Graduate School of Social Service*

Human Behavior and the Social Environment I & II (graduate level)

*Long Island University*

Social Welfare Programs & Policies I (undergraduate level)

Social Welfare Policy and Services I & II (graduate level)

*Silberman School of Social Work at Hunter College*

Social Welfare Policy and Services I & II (graduate level)

Social Work Practice and Learning Lab I & II (undergraduate level)

*Simmons University School of Social Work*

Social Work Research (graduate level)

*Stony Brook University School of Health Technology & Management*

Communication Skills (undergraduate level)

*Touro College Graduate School of Social Work*

Advanced Social Work Research (graduate level)

Diversity and Oppression in Clinical SW Practice (graduate level)

Foundations of Social Work Research (graduate level)

Human Behavior and the Social Environment I & II (graduate level)

Social Welfare Policy and Service Delivery Sys. I & II (graduate level)

*Walden University Barbara Solomon School of Social Work and Human Services*

Advanced Clinical Practice I & II (graduate level)

Changing Lives, Changing Society: Introduction to Social Work (graduate level)

Essential Skills for Social Work Practice (graduate level)

Psychopathology for Social Work (graduate level)

Diversity, Human Rights, and Social Justice (graduate level)

Skills Lab - Foundation Year (graduate level)

*Capella University School of Public Service*

Doctoral Capstone Mentor

## **PUBLICATIONS**

### **Peer-Reviewed Journal Articles in Print or Press**

Waller, B. Y., Harris, J., & Quinn, C. R. (2021). Caught in the Crossroad: An Intersectional Examination of African American Women Intimate Partner Violence Survivors' Help-Seeking. Trauma, Violence, & Abuse. <https://doi.org/10.1177/1524838021991303>

Gonzalez, A., Locicero, B., Mahaffey, B., Fleming, C., **Harris, J.**, & Vujanovic, A. A. (2015). Internalized HIV Stigma and Mindfulness Associations with PTSD Symptom Severity in Trauma-Exposed Adults With HIV/AIDS. Behavior Modification, 0145445515615354.

### **Submitted for Review**

Allen, C.; Henderson, Z.; **Harris, Jalana**; Chang, R.; Williams, E.; Cogburn, C. (2024). Telehealth "Verzuz" Radical Telehealing: Reimagining Social Media As Virtual Healing Spaces for Black Communities. Manuscript submitted for publication.

### **Other Articles**

**Harris, J.** (2020, February). The Politics of Self-Care: Toward Radical Decolonization. The New Social Worker. Retrieved from <https://www.socialworker.com/feature-articles/self-care/politics-of-self-care-toward-radical-decolonization/>

## **ORAL PRESENTATIONS**

### **Peer-Reviewed Presentations**

**Harris, J.** (2021). Controlling Images and Sexual Agency: An Intersectional Approach to Unpacking Sexual Health Experiences. Presented at the Society for Social Work and Research (SSWR) 25th Annual Conference - Social Work Science for Social Change January 2021, San Francisco, CA

Waller, B. & **Harris, J.** (2020). An intersectional analysis of African American women's IPV help-seeking. Presented at the Council on Social Work Education's (CSWE) Annual Program Meeting (APM) October 2020, Alexandria, VA

**Harris, J.** (2020). Adherence to the Strong Black Woman Archetype and Sexual Agency: An Intersectional Approach to Unpacking Black Women's Sexual Assertiveness. Presented at the American Association of Behavioral and Social Sciences (AABSS) Conference February 2020, Las Vegas, NV

**Harris, J.** (2019). The Strong Black Woman Archetype and Implications for Social Work Practice. Presented at the Council on Social Work Education's (CSWE) Annual Program Meeting (APM) October 2019, Denver, CO

Graham, W., Kennedy, S., Otuyelo, F., **Harris, J.**, (2018). Differential Police Response to Protesting: When Color Matters. Presented at the National Organization of Forensic Social Work Annual Conference June 2018, New Orleans, LA

Gonzalez, A., Locicero, B., Mahaffey, B., Fleming, C., **Harris, J.**, and Vujanovic, A.A., (2016). Internalized HIV Stigma and Mindfulness: Associations with PTSD Symptom Severity in Trauma-Exposed Adults With HIV/AIDS. Presented at the Academy of Integrative Health and Medicine Annual Conference 2016, San Diego, CA

### **Invited Presentations**

**Harris J.** (2023, October). "Trauma and Radical Self-Care" Justice for Families. Online via Zoom

**Harris J.** (2023, September). "The Strong Black Woman Archetype: Unpacking Strength and Resilience for Therapists II" Clinicians of Color Online Academy. Online via Zoom.

**Harris J.** (2023, August). "Radical Self-Care and Resiliency" Columbia University: Social Impact Fellows. New York, NY

- Harris, J.** (2022, August). "Radical Self-Care & Resilient Leadership" United Way of New York City. Online via Zoom.
- Harris J.** (2022, July). "Commitment to Action" Columbia University: Social Impact Fellows. Online via Zoom.
- Harris, J.** (2022, February). "The Strong Black Woman Archetype: Unpacking Strength and Resilience for Therapists I" Clinicians of Color Online Academy. Online via Zoom.
- Harris, J.** (2021, September). "Decolonizing Social Work" University of California Berkeley Counseling and Psychological Services Fellows Program. Online via Zoom.
- Henderson, Z., **Harris, J.**, Cogburn, C., (2021, June). Moving beyond Symbols and Performance: A Radical Reimagining of Antiracist Selves and Institutions. Mini-Institute on Addressing Anti-Black Racism for Columbia University Board of Trustees. Online via Zoom
- Shedrick D., **Harris, J.**, Creswell Báez, J., Marquart M. (2021, May). "Trauma-Informed Teaching and Learning, and Self-Care for Higher Ed Faculty and Staff" University Professional & Continuing Education Association. Online via Zoom.
- Harris J.** (2021, April). "Radical Self-Care and Resiliency" Columbia University: Obama Foundation Scholars Program. Online via Zoom.
- Harris, J.** (2021, February). "Cultural Theory: The Politics of Care in Covid-19 and Beyond" The Birmingham Centre for Media and Cultural Research (BCMCR). Online via Zoom.
- Harris, J.**, Henderson, Z. (2020, May 13). Reflecting on Anti-Racism Mini-Institute for Fall 2020 instructors. Consultant for Columbia University School of Social Work training. Online via Adobe Connect.
- Harris J.** (2020, October). Colorism in the Black Community Part I. Panelist for Columbia University School of Social Work: Action for Black Lives Initiative. Online via Zoom.
- Harris, J.** & Williams, O. (2020, September). Framing an Anti-Racist Agenda for Columbia University. Panelist for Columbia University School of Social Work: Social Impact Live
- Cogburn, C., **Harris, J.**, Henderson, Z., and Williams, O., (2020, July). Moving beyond Symbols and Performance: A Radical Reimagining of Antiracist Selves and Institutions. Mini-Institute on Addressing Anti-Black Racism for Columbia University Office of the Provost. Online via Zoom
- Harris, J.** (2020, May 13). The basics of moving to remote teaching in Zoom for Summer 2020 instructors. Consultant for Columbia University School of Social Work training. Online via Zoom.
- Harris, J.** (2019, December 16). Online Faculty Development Series Lightning Round Teaching & Learning Showcase. Consultant for Columbia University School of Social Work training. Online via Adobe Connect.
- Harris, J.** (2018, October). Responding to a Mental Health Crisis. Grace Cathedral International, Uniondale, NY
- Harris, J.** (2018, August). Understanding the Strong Black Woman Archetype. Grace Cathedral International, Uniondale, NY

## **POSTERS**

### **Peer-Reviewed Poster Presentations**

- Simmons, L.D., & **Harris, J.** (2021, November). Understanding MSW student perceptions of social justice in social work education [ePoster presentation]. Council on Social Work

Education's (CSWE) 67th Annual Program Meeting (APM), Orlando, FL.  
Allen, C., Henderson, Z., **Harris, J.**, and Cogburn C. (2021, November). Telehealth "verzuz" Radical Telehealing. Council on Social Work Education's (CSWE) 67th Annual Program Meeting (APM), Orlando, FL.  
**Harris, J.** (2020, October). Adherence to the Strong Black Woman Archetype and Sexual Agency. Poster presented at Council on Social Work Education's (CSWE) 66th Annual Program Meeting (APM), Alexandria, VA

## GRANTS

Allen, C., Henderson, Z., **Harris, J.**, and Cogburn C. (2020 -2021). The Collaborative to Advance Equity through Research (CAETR) at Columbia University. *Telehealth "verzuz" Radical Telehealing: Reimagining Digital Social Media as Virtual Healing Spaces for Black Women*  
Allen, C., Henderson, Z., **Harris, J.**, Chang, R., Williams, E., and Cogburn C. (2021 -2022). Racial Justice and Mental Health Micro-Grant, Columbia University. *Telehealth "verzuz" Radical Telehealing: Reimagining Digital Social Media as Virtual Healing Spaces for Black Women*

## MEDIA APPEARANCES & INTERVIEWS

**Harris, J.** (2021, March). "Colorism In The Black Family" The Tammi Mac Late Show. Fox Soul. Television  
**Harris, J.** (2017) "Kim Thompson" Thou Shalt Not. True Crime Series. Season 1 Episode 7 TV ONE. Television

## PROFESSIONAL EXPERIENCE

09/25 - Pres   Stony Brook University School of Social Welfare, New York, NY  
Lecturer

- Provide instruction in the core curriculum online/residential classrooms
- Explore and implement innovative teaching technologies and methodologies
- Serve on departmental, college, and university committees
- Participate in curriculum development and review processes.

08/13 - Pres   **Root Salve, LCSW, PLLC – New York State**

### *Private Practice*

- Provide diagnosis, crisis intervention, verbal/behavioral therapy
- Develop treatment plans, complete progress notes, and discharge planning
- Training/consultation provision on mental health & human behavior
- Training & Consulting on cultivating anti-racist institutions & leaders

07/18-06/22   **Columbia University School of Social Work, New York, NY**

### *Lecturer in Discipline & Course Convenor*

- Provide instruction in the core curriculum online/residential classrooms
- Provide faculty training on anti-racist teaching & decolonizing practice
- Supervise independent studies & support publishing/presenting opportunities
- Ensuring quality, assessment, and coordinating instruction for Decolonizing SW

06/10 – 08/13 **New York Psychotherapy & Counseling Center, Brooklyn, NY**

***Clinical Supervisor/Psychotherapist***

- Provided clinical and administrative supervision of therapists
- Provided diagnosis, crisis intervention therapy to children, adults, and families
- Develop treatment plans, progress notes, treatment plan reviews, and discharges
- Provided case assistance related to diagnosis for service-related programs

06/07 – 10/09 **City of New York/Parks & Recreation, New York, NY**

***Director of Youth & Family Programs***

- Managed administrative elements of 35 Youth programs in 5 boroughs
- Designed program, piloted new projects, researched/wrote grants
- Designed and implemented training to meet NYS SACC regulations
- Supervised Recreation Volunteer Program & AmeriCorps VISTA Volunteers

03/05 – 08/07 **Planned Parenthood of Nassau County, Hempstead, NY**

***TAP Program Director/ Trainer***

- Developed & facilitated sexuality training in English and Spanish
- Hired, trained, and supervised teen employees
- Expanded intensive orientation for teen staff
- Developed & generated statistical and informational reports for funders

09/02 – 10/04 **U.S. Peace Corps, Dajabón, Dominican Republic**

***Community Economic Development Specialist***

- Developed & implemented Strategic Planning/Diagnostic Conference
- Implemented change management strategies with local businesses
- Performed organizational and community diagnostic & focus groups
- Facilitated the development of strategies with NGOs to build economic capacity

## **PROFESSIONAL TRAINING**

February 2023	Pesi - ACT Intensive <i>Acceptance and Commitment Therapy Trained</i>
February 2023	IFS Institute <i>Internal Family Systems - Level One Trained</i>
May 2022	Kind Mind Psych <i>Dialectical Behavior Therapy Trained</i>
April 2022	Solution-Focused School <i>Solution-Focused Therapy Trained</i>
December 2021	Brainspotting Trainings LLC <i>Brainspotting Phase I Trained</i>
December 2021	Medical University of South Carolina <i>Cognitive Processing Therapy Trained</i>
April 2021	EMDR International Association (EMDRIA) <i>EMDR Basic Training</i>
June 2020	Trauma Institute International (TII)

December 2019      *Certification: Certified Clinical Trauma Specialist – Individual (CCTSI)*  
 Columbia University  
*Certificate: Naloxone (TOT)*

April 2019      Columbia University School of Social Work  
*Motivational Interviewing/Skills-Based Lab Instructor*

October 2018      Columbia University School of Social Work  
*Certificate: Institute on Pedagogy and Technology*

December 2018      Silberman School of Social Work at Hunter College  
*Certification: Seminar in Field Instruction (SIFI)*

November 2014      Medical University of South Carolina  
*Trauma-Focused Cognitive-Behavioral Therapy Trained*

June 2013      The Wellness Institute  
*Certification: Clinical Hypnotherapist*

June 2012      International Coach Academy  
*Certification: Professional Life Coach*

February 2009      New York State Office of Children and Family Services  
 Center for Development of Human Services  
*Certification: Mandated Reporter Trainer (TOT)*

November 2003      United States Peace Corps  
*Certificate: Cultural Competence & Community Development*

February 2002      University of Havana, Havana Cuba  
*Certificate: Dance & Music Studies*

June 2000      Edna Manley College of the Visual and Performing Arts, Kingston, Jamaica  
*Certificate: Dance & Movement Studies*

## **PROFESSIONAL ASSOCIATIONS & LICENSURE**

Licensed Clinical Social Worker #081041 (LCSW)  
 Member, National Association of Social Workers (NASW)  
 Member, National Association of Black Social Workers (NABSW)  
 Member, National Association for the Advancement of Colored People (NAACP)  
 Associate Member, Clinicians of Color (COC)

## **SCHOLARSHIPS & AWARDS**

May 2016      *Phi Alpha Honor Society – Phi Theta Chapter*  
 Stony Brook University, School of Social Welfare

August 2007      *W. Burghardt Turner Fellowship*  
 Stony Brook University Graduate Fellowship

November 2003      *Certificate of Service*  
 United States Peace Corps/Presidential Award

May 2000      *Omicron Delta Epsilon Honor Society*  
 Emory University Economics Honor Society