# Living With Hypospadias

#### **Book Summary**

*Living With Hypospadias* is the first book to intimately examine the emotional aspects of hypospadias, one of the most common urological birth defects affecting males today. The book features compelling first-person accounts from men, their partners as well as the parents of boys born with hypospadias; including those who had surgical repair as an infant or adult and those who have never had surgery.

Read about the emotional challenges of those boys and men as they live with hypospadias. Learn why millions continue to suffer in silence, what the medical community can do to bring this conversation into the light, and end the shame and isolation associated with the condition.

### Author Bio

John Filippelli is a professional writer and a former President of the Hypospadias & Epispadias Association (HEA). He was born with severe hypospadias and is a co-host of the *Hypospadias Conversations* podcast.

## Contact

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# LIVING WITH HYPOSPADIAS

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### **Book Details**

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# FACTS:

• 1 in approx. 200 boys are born with hypospadias

- It is one of the most common birth defects in the world
- Many men are acutely aware they have the condition; yet others were never told they were born with it

• Related emotional challenges: stigma, anxiety, shame, isolation and low self-esteem