



Stony Brook School of Social Welfare

LADDERS TO VALUE WORKSHOPS FOR THE DIRECT CARE
LONG TERM CARE WORKFORCE
(ALL WORKSHOPS WILL BE HELD REMOTELY VIA ZOOM)

Pain Management and Co-Morbidity

Dr Justin Wayrold October 5, 2020 7:00 -10pm

Living with pain is often debilitating. It is not uncommon for people, especially older adults to suffer from more than one illness or emotional disorder at the same time. Patients may have both a medical diagnosis and a behavioral health diagnosis. Overlapping medical conditions frequently present significant challenges, as well as additional costs for healthcare providers. Understanding co-morbid conditions and how to manage pain is essential in delivery of effective care coordination.

Anger as a Post Traumatic Experience

Dr. Melissa Earle Tuesday, October 6, 2020 1-4:00 pm

While anxiety, depression, and a range of PTSD symptoms are recognized as the emotional aftermath of traumatic events, anger is frequently overlooked. This workshop will explore anger as an emotional response; anger as a protective response to a threat; and how staff can include trauma informed principles with clients who struggle with their anger.

Racial Inequity in Health Care

Dr. Sana Malik October 15, 2020 9:30 am-12:30 pm

Despite significant advances in health and healthcare in the past century, racial minorities bear a disproportionate burden of morbidity and mortality in the United States. This workshop will examine historical contexts, structural inequalities, and policies that have contributed to persistent health disparities that exist in minority communities in the nation. The workshop will further examine progress made in addressing health disparities and the scope and effectiveness of programs to intervene upon the social determinants of health through a human-rights lens.

Racial Justice and Social Equity: Empowering the Healthcare Practitioner
Myrla Parrish Friday October 23, 2020 12-3:00 pm

This dynamic three-hour workshop will help participants to understand the complex nature of workplace stress, work-life balance and social inequities in fast-paced, high-performance healthcare work cultures. The presentation and discussion will include some or all of the following: microaggressions, patient care and offensive behavior, discomfort vs. safety, next steps and behavior change.

Working with People from all Identities and Backgrounds **Nayeli Calle-Sousa**
Wednesday, November 4, 2020 9:00 am-12:00 pm

In this training, participants will learn about the many factors that influence identity including personal experiences, history, and social and political environments. Identity will be discussed within a context of race, class, gender, and privilege. Participants will engage in activities that help them apply these concepts to themselves and to the clients they work with.

The Privilege of Social Distancing
Dr. Sana Malik Thursday, November 5, 2020 9:30am-12:30 pm

While social distancing measures are deemed necessary in reducing transmission of COVID-19, the privilege of distancing is not afforded to all populations equally. Minority communities, in particular, have been devastated by COVID-19 due to inequities in healthcare access, testing, and community mobilization. This workshop will highlight conversations about privilege, power, race, and poverty in the American context that directly or indirectly relate to the privilege of social distancing and how this may contribute to the underlying health conditions of their clients.

Understanding Hoarding Behaviors
Marcela Torres Thursday, November 12, 2020 9:30am -12:30 pm

Hoarding is a problem that involves difficulty discarding a large number of things, regardless of their actual value. It becomes a problem when it impacts on people's overall functioning, especially around their ability to use their living spaces. This workshop will discuss hoarding behaviors and how to address them.

Recognizing Substance Abuse and Addictions
Dr. Melissa Earle Tuesday, November 17, 2020 1-4:00 pm

Substance abuse and addiction is a major public health issue. This workshop will address various processes and interventions that are part of recovery and cover models and techniques for substance abuse assessment. The importance of racial, ethnic and cultural sensitivity will be addressed.

Trauma Informed Care**Nayeli Calle-Sousa Wednesday, December 2, 2020 9-12:00**

Traumatic events can have a lasting impact on a person's sense of safety and on how they interact with the world. Using a trauma lens when working with clients increases our empathy and enables to take a non-judgmental stance that improves our ability to be more effective. This training will provide participants with an understanding of trauma within a context of systemic issues such as sexism, classism, and racism and how trauma symptoms manifest across cultures, identities, and developmental stages. This training may have particular relevance for skilled nursing facilities subject to developing Federal requirements concerning trauma informed care practices.

Caring for People with Dementia**Jackie Zuckerman Wednesday, December 9, 2020 12:00-3:00 pm**

Living with dementia is challenging for everyone -- the patient, family members and staff caring for dementia patients. How can healthcare providers help ensure that patients with dementia maintain the highest quality of life possible? This workshop will suggest ways to interact with dementia and memory loss patients.