



# Stony Brook **Medicine**

## **School of Social Welfare**

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March 13, 2020

Dear Students,

As you may have learned by now, Stony Brook University spring break, scheduled for Monday March 16 to Friday, March 20, will now be extended by one week until Friday, March 27, 2020. **Classes will resume on Monday, March 30.**

### **Travel Information**

**We strongly discourage travel for non-essential purposes**, particularly that by air, to large gatherings, and to areas experiencing high numbers of COVID-19 cases, as [documented by the CDC](#). If you must travel, please take all possible precautions before traveling, including staying up to date on the latest spread of the virus and considering difficulties you may encounter that may make it hard for you to return to campus and resume activities.

Travel can increase the risks of exposure to you and the community. Government restrictions and public health measures are changing fast. To stay up to date on travel and COVID-19 information pertaining to SBU: <https://www.stonybrook.edu/commcms/coronavirus/faq.php>

### **Student Health & Wellness**

The well-being of our students, faculty, and staff is of the utmost importance to us.

If you are experiencing any cold and flu-like symptoms and mild respiratory symptoms, please seek medical attention right away. Call Student Health: 631-632-6740 or call your Physician. Be sure to alert them of your recent travel history.

#### **NEED TO TALK TO SOMEONE?**

Counseling and Psychological Services (CAPS) is available to speak with you 24/7 regarding any concerns: (631) 632-6720. In addition there is a Student Support Team that you can reach out to via email: [student\\_supportteam@stonybrook.edu](mailto:student_supportteam@stonybrook.edu) .

Another option is “Let’s Talk” stations where counselors are positioned at various locations around campus. They can provide brief, informal and confidential conversations. The schedule can be accessed here: [https://www.stonybrook.edu/commcms/studentaffairs/cpo/mental-health/lets\\_talk.php](https://www.stonybrook.edu/commcms/studentaffairs/cpo/mental-health/lets_talk.php)

## **TECHNOLOGY SUPPORT FOR REMOTE LEARNING: GETTING READY FOR YOUR VIRTUAL CLASSROOM**

SINC Sites are computer labs that allow students to access both Windows & Mac computers. These computer labs are located in a majority of the academic buildings on campus including the Health Sciences Library.

Plus DoIT has PC's & printers located in the Melville Library Reading Rooms. More information about locations and hours visit: <https://it.stonybrook.edu/services/sinc-sites>

For more information about HST hours of operation: Call: 631-444-2512 or email: [refhsclib@stonybrook.edu](mailto:refhsclib@stonybrook.edu)

**Important note about attending your virtual class:** If you **do not** have access to a computer and webcam, you will be able to call into the class session by phone. Your instructor will provide you with the number as a backup.

### **ATTENTION 2ND YEAR MSW AND SENIOR BSW STUDENTS**

Community Learning Day - April 7

Community Learning Day is still happening but will no longer be held in person at the SAC as originally planned.

The CLD Planning Committee is discussing ways in which the groups that were formed in the Fall will be able to submit their poster slide with an audio narration on Blackboard during the semester. More news coming soon. Groups should continue to work on their poster presentation and begin to think about how they will divide up the audio narration of the poster in a 5-7 minute presentation.

With deepest hope for the continued well-being of our campus, our community, and our world.

Jacqueline Mondros

Dean